


09.10.2011

23. Sparkassen Westspangelauf

Übersicht Anmeldung Teilnehmer **Ergebnisse** Meinungen Kontakt

Suche:  Als PDF-Datei

Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
10km Hauptlauf											
1	1.MJB	176	Blum, Tobias	1995	m	LSG-Saarbrüchen-Sulzbachtal	34:01,9	34:01,0	3:24,0	-	-
2	1.M	180	Lack, Marco	1986	m	LG Neckar-Enz	34:26,0	34:22,0	3:26,1	+24,10	-
3	2.M	337	Leibrock, Benqt	1985	m	Grojos LTF Elversberg	34:34,7	34:32,0	3:27,1	+32,82	+08,72
4	1.M40	225	Biermann, Eric	1971	m	RAIDLIGHT	34:37,0	34:37,0	3:27,6	+35,07	-
5	3.M	142	Gaub, Stefan	1987	m	VT Zweibrücken	34:45,4	34:43,0	3:28,2	+43,51	+19,41
6	2.M40	313	Altmeyer, Patrick	1971	m	SV Schlau.com Saar 05	35:37,3	35:35,0	3:33,4	+1:35,35	+1:00,28
7	1.M50	317	Reimer, Gerald	1957	m	LSG Saarbrücken-Sulzbachtal	35:58,6	35:55,0	3:35,5	+1:56,65	-
8	1.M35	296	Müller, Matthias	1973	m	LSG Saarbrücken-Sulzbachtal	36:00,7	35:58,0	3:35,7	+1:58,83	-
9	2.M35	215	Weber, Thomas	1975	m	Grojos LTF Elversberg	36:38,5	36:32,0	3:39,1	+2:36,63	+37,80
10	4.M	341	Schwarz, Sören	1987	m	SV Schlau.com Saar 05	36:41,5	36:39,0	3:39,8	+2:39,61	+2:15,51
11	1.M30	439	Augustin, Rainer	1980	m	TV Saarwellingen Triathlon	36:42,2	36:40,0	3:39,9	+2:40,27	-
12	2.M30	231	Holweck, Andreas	1977	m	Grojos LTF Elversberg	36:43,0	36:40,0	3:39,9	+2:41,13	+00,86
13	3.M30	509	Anton, Sascha	1980	m	Grojos LTF Elversberg	36:45,9	36:39,0	3:39,8	+2:44,02	+03,75
14	3.M40	322	Buschmann, Dirk	1968	m	LAZ Saarbrücken	37:00,8	36:58,0	3:41,7	+2:58,91	+2:23,84
15	5.M	269	Sokoll, Marco	1982	m	Betriebssportgruppe Recktenwald	37:12,6	37:09,0	3:42,8	+3:10,70	+2:46,60
16	3.M35	324	Klein, Michael	1975	m	LTF Köllertal	37:26,8	37:23,0	3:44,2	+3:24,93	+1:26,10
17	4.M35	242	Münlich, Martin	1976	m	LSG Saarbrücken Sulzbachtal	37:36,5	37:34,0	3:45,3	+3:34,61	+1:35,78
18	6.M	546	Reeb, Philipp	1983	m	DJK SG St. Ingbert	37:51,9	37:46,0	3:46,5	+3:50,04	+3:25,94
19	4.M40	365	Philippi, Jürgen	1971	m	DJK-SG St.Ingbert	38:02,6	37:56,0	3:47,5	+4:00,71	+3:25,64
20	7.M	327	Luka, Marcel	1990	m	Grojos LTF Elversberg	38:02,7	38:00,0	3:47,9	+4:00,76	+3:36,66
21	2.M50	414	Pasquay, Heribert	1961	m	LC 72 Altenkessel	38:36,6	38:33,0	3:51,2	+4:34,66	+2:38,01
22	4.M30	381	Kummer, Moritz	1980	m	KFZ Technik Dietz u. Storck	38:44,3	38:28,0	3:50,7	+4:42,43	+2:02,16
23	8.M	360	Lang, Tommy	1984	m	LA Team Saar	38:46,4	38:42,0	3:52,1	+4:44,46	+4:20,36
24	1.M45	553	Orth, Frank	1964	m	TuS Ormesheim	38:51,4	38:47,0	3:52,6	+4:49,47	-
25	5.M35	184	Vonerden, Andreas	1976	m	LSG Saarbruecken-Sulzbachtal	38:53,0	38:49,0	3:52,8	+4:51,13	+2:52,30
26	9.M	143	Miquel, Federico	1983	m	STAA	38:57,6	38:55,0	3:53,4	+4:55,66	+4:31,56
27	2.M45	276	Kaiser, Bernhard	1965	m		39:02,4	38:59,0	3:53,8	+5:00,50	+11,03
28	1.W40	219	Jakobs, Marion	1970	w	SV Schlau.com Saar 05 Sbr.	39:03,8	38:59,0	3:53,8	-	-
29	1.W35	312	Altmeyer, Sandra	1972	w	SV Schlau.com Saar 05	39:08,0	39:03,0	3:54,2	+04,20	-
30	10.M	67	Bertram, David	1986	m		39:11,9	39:10,0	3:54,9	+5:09,95	+4:45,85
31	5.M40	374	Ostheimer, Volker	1968	m	VFA Neunkirchen	39:17,1	39:15,0	3:55,4	+5:15,19	+4:40,12
32	6.M40	413	Gulden, Steffen	1971	m	LAG Saarbrücken	39:18,6	39:14,0	3:55,3	+5:16,71	+4:41,64
33	7.M40	183	Heng, Thomas	1969	m	LSG Saarbruecken-Sulzbachtal	39:27,9	39:24,0	3:56,3	+5:26,03	+4:50,96
34	3.M45	315	Lahmer, Stefan	1966	m	Grojos LTF Elversberg	39:34,6	39:31,0	3:57,0	+5:32,66	+43,19
35	6.M35	554	Brall, Sven	1975	m	LAG Saarbrücken	39:37,6	39:17,0	3:55,6	+5:35,66	+3:36,83
36	11.M	175	Corica, Biagio Enrico	1982	m	La Famiglia	39:39,3	39:32,0	3:57,1	+5:37,35	+5:13,25
37	12.M	366	Daub, Christian	1987	m	LTF Köllertal	39:45,4	39:37,0	3:57,6	+5:43,47	+5:19,37
38	4.M45	165	Burkhard, Jörg	1963	m	Fribi Fun Runners	39:48,8	39:45,0	3:58,4	+5:46,87	+57,40
39	5.M45	352	Ferraro, Thomas	1963	m	SV Schlau.com Saar 05	39:48,8	39:45,0	3:58,4	+5:46,89	+57,42
40	3.M50	112	Gorges, Klaus-Dieter	1960	m	LLG Wustweiler	40:04,8	39:59,0	3:59,8	+6:02,93	+4:06,28
41	8.M40	519	Schmitt, Klaus	1969	m	LC Warndt	40:11,4	40:09,0	4:00,8	+6:09,52	+5:34,45
42	13.M	335	Haacke, Tom	1982	m	SV Schlau.com Saar 05	40:13,8	40:09,0	4:00,8	+6:11,93	+5:47,83
43	6.M45	241	Frego, Hartmut	1962	m	TV 06 Limbach	40:17,7	40:12,0	4:01,1	+6:15,77	+1:26,30
44	1.M55	34	Klein, Richard	1954	m	FSV Jägersburg	40:19,4	40:16,0	4:01,5	+6:17,50	-
45	2.W35	323	Wovsch, Nicole	1976	w	Wadgassen	40:22,0	40:19,0	4:01,8	+1:18,19	+1:13,99
46	14.M	434	Sieger, Christopher	1986	m	Regionalverband Saarbrücken	40:22,2	40:17,0	4:01,6	+6:20,29	+5:56,19
47	2.M55	429	Kiefer, Gernot	1955	m	Regionalverband Saarbrücken	40:22,4	40:19,0	4:01,8	+6:20,48	+02,98
48	5.M30	418	Lieser, Martin	1980	m	LTF Ens Dorf	40:24,1	40:20,0	4:01,9	+6:22,24	+3:41,97
49	1.W30	547	Entenmueller, Sabrina	1981	w	DJK SG St.Ingbert	40:24,4	40:17,0	4:01,6	+1:20,65	-
50	7.M35	306	Morcott, Thomas	1972	m	Grojos LTF Elversberg	40:35,7	40:28,0	4:02,7	+6:33,84	+4:35,01
51	4.M50	403	Sahlmann, Winfried	1959	m	LAG Saarbrücken	40:41,1	40:23,0	4:02,2	+6:39,21	+4:42,56
52	5.M50	522	Weingart, Joachim	1958	m	LG Ohmbachsee	40:46,4	40:37,0	4:03,6	+6:44,46	+4:47,81
53	3.M55	139	Caterino, Fernand	1952	m	individuel	40:58,7	40:56,0	4:05,5	+6:56,83	+39,33
54	3.W35	517	Karl, Andrea	1976	w	Haco Adidas Saar 05	40:59,8	40:55,0	4:05,4	+1:55,99	+1:51,79

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[22. Sparkassen Westspangelauf](#)

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[5. DAK-Halbmarathon Saarbrücken](#)[17. Adventlauf Saarbrücken](#)[23. Sparkassen City-Lauf](#)[Saarbrücken](#)[30. Int. Deutsch Französischer](#)[Straßenlauf](#)[17. Int. Saar-Lor-Lux-Lauf der Polizei](#)

55	4.M55	106	Riemer, Peter	1955	m	LT Phoenix Dudweiler	41:02,0	40:54,0	4:05,3	+7:00,09	+42,59
56	6.M30	379	Dea, Jonathan	1978	m	Dea Running Team	41:08,4	40:47,0	4:04,6	+7:06,54	+4:26,27
57	9.M40	408	Cremer, Markus	1970	m	Rex Rotari	41:11,2	41:05,0	4:06,4	+7:09,27	+6:34,20
58	7.M45	162	Wieland, Klaus	1962	m	LTF Köllertal	41:16,1	41:10,0	4:06,9	+7:14,18	+2:24,71
59	6.M50	123	Wagner, Peter	1961	m	LT Rennschnecke Dudweiler	41:19,9	41:02,0	4:06,1	+7:17,95	+5:21,30
60	7.M50	146	Becker, Heinrich	1961	m	LLG Wustweiler	41:20,8	41:14,0	4:07,3	+7:18,85	+5:22,20
61	10.M40	544	Weiler, Andreas	1969	m		41:26,2	41:19,0	4:07,8	+7:24,33	+6:49,26
62	8.M35	437	Birk, Thorsten	1974	m	TV Saarwellingen	41:57,1	41:44,0	4:10,3	+7:55,21	+5:56,38
63	8.M45	205	Schneider, Frank	1965	m	Sparkasse Saarbrücken	42:02,3	41:57,0	4:11,6	+8:00,43	+3:10,96
64	8.M50	182	Busche, Manfred	1961	m	Mittelpunktläufer SV Habach	42:10,9	41:59,0	4:11,8	+8:08,97	+6:12,32
65	11.M40	550	Pino Tossi, Eduardo	1970	m	Saarbrücken	42:13,6	42:02,0	4:12,1	+8:11,65	+7:36,58
66	9.M35	172	Sauer, Marc	1976	m		42:14,1	42:07,0	4:12,6	+8:12,15	+6:13,32
67	10.M35	270	Recktenwald, Martin	1974	m	Betriebssportgruppe Recktenwald	42:18,4	42:09,0	4:12,8	+8:16,53	+6:17,70
68	9.M50	362	Hekmann, Martin	1958	m	Bistal-Runners	42:21,9	42:08,0	4:12,7	+8:19,95	+6:23,30
69	9.M45	220	Jakobs, Oliver	1962	m	SV Schla.u.com Saar 05 Sbr.	42:27,4	42:16,0	4:13,5	+8:25,52	+3:36,05
70	10.M45	516	Zahler, Horst	1966	m	LTF Köllertal	42:34,2	42:27,0	4:14,6	+8:32,29	+3:42,82
71	11.M35	181	Marchand, Günter	1973	m	LAZ Saarbrücken	42:36,2	42:28,0	4:14,7	+8:34,28	+6:35,45
72	10.M50	265	Bernd, Armin	1958	m	TV Auersmacher	42:37,3	42:33,0	4:15,2	+8:35,36	+6:38,71
73	15.M	29	Börner, Lukas	1989	m	Schwimmverein Neunkirchen 1923 e.V.	42:38,9	42:35,0	4:15,4	+8:36,97	+8:12,87
74	12.M35	364	Heil, Carsten	1976	m	LG Ohmbachsee	42:45,2	42:36,0	4:15,5	+8:43,32	+6:44,49
75	1.M60	417	Dernbecher, Kurt	1950	m	LTF Köllertal	42:45,3	42:39,0	4:15,8	+8:43,43	-
76	11.M45	110	Simon, Martin	1962	m	LAG Saarbrücken	43:05,2	42:57,0	4:17,6	+9:03,29	+4:13,82
77	12.M40	68	Faivre, Cyrille	1969	m		43:14,2	43:03,0	4:18,2	+9:12,34	+8:37,27
78	11.M50	138	Zeiger, Uwe	1961	m	Zicos LTF-Elversberg	43:18,5	43:03,0	4:18,2	+9:16,62	+7:19,97
79	16.M	416	Sauer, Henning	1984	m	Grojos LTF Elversberg	43:18,8	43:00,0	4:17,9	+9:16,88	+8:52,78
80	5.M55	321	Buss, Bernd	1954	m		43:21,0	42:56,0	4:17,5	+9:19,08	+3:01,58
81	12.M50	542	Claessen, Jürgen	1961	m	LTF Köllertal	43:22,3	43:14,0	4:19,3	+9:20,40	+7:23,75
82	6.M55	370	Geiger, Wendelin	1952	m	PSD Bank-Team	43:23,6	43:18,0	4:19,7	+9:21,73	+3:04,23
83	7.M30	432	Schaumlöffel, Olaf	1980	m	Regionalverband Saarbrücken	43:26,2	43:21,0	4:20,0	+9:24,27	+6:44,00
84	13.M50	278	Friedrichs, Roland	1960	m	LT TV Rußhütte	43:28,6	43:21,0	4:20,0	+9:26,71	+7:30,06
85	14.M50	406	Schmidt, Ruppert	1960	m	LAG Saarbrücken	43:29,2	43:09,0	4:18,8	+9:27,25	+7:30,60
86	8.M30	268	Hoffritz, David	1981	m	Betriebssportgruppe Recktenwald	43:31,2	43:23,0	4:20,2	+9:29,32	+6:49,05
87	7.M55	430	Schreiner, Martin	1955	m	Regionalverband Saarbrücken	43:33,2	43:29,0	4:20,8	+9:31,26	+3:13,76
88	13.M40	244	Ehrmantraut, Dirk	1970	m		43:35,3	43:21,0	4:20,0	+9:33,38	+8:58,31
89	1.W	111	Herrlein, Theresia	1982	w	LAG Saarbrücken	43:42,8	43:34,0	4:21,3	+4:39,01	-
90	12.M45	508	Ellbracht, Harry	1964	m	Grojos LTF Elversberg	43:45,2	43:35,0	4:21,4	+9:43,32	+4:53,85
91	13.M35	451	Breneur, Christoph	1972	m	Team Sport 2000	43:45,3	43:33,0	4:21,2	+9:43,42	+7:44,59
92	14.M40	41	Barra, Patric	1971	m	RT 157	43:48,9	43:44,0	4:22,3	+9:46,97	+9:11,90
93	15.M50	65	Paulisch, Bernhard	1960	m	PSD Bank RheinNeckarSaar	43:53,0	43:50,0	4:22,9	+9:51,07	+7:54,42
94	14.M35	107	Schmitt, Marc	1972	m	LT Phoenix Dudweiler	44:14,5	43:55,0	4:23,4	+10:12,62	+8:13,79
95	13.M45	238	Dellinger, Alphonse	1962	m	sa'running club	44:16,3	44:02,0	4:24,1	+10:14,39	+5:24,92
96	8.M55	170	Reimann, Hans	1955	m	LTF Köllertal	44:16,5	44:05,0	4:24,4	+10:14,61	+3:57,11
97	16.M50	18	Karmann, Uwe	1960	m	Hager Group	44:32,5	44:18,0	4:25,7	+10:30,60	+8:33,95
98	17.M50	319	Speicher, Hans	1958	m		44:33,1	44:15,0	4:25,4	+10:31,15	+8:34,50
99	18.M50	80	Hovler, Rudolf	1957	m	Run4Fun Bübingen	44:33,9	44:23,0	4:26,2	+10:31,98	+8:35,33
100	15.M40	420	Niese, Frank	1970	m	Saarbrücken	44:35,0	44:04,0	4:24,3	+10:33,05	+9:57,98
101	16.M40	89	Samsel, Frank	1971	m	LAZ Saarbrücken	44:37,6	44:11,0	4:25,0	+10:35,73	+10:00,66
102	19.M50	92	Huth, Detlef	1961	m	DJK SG St. Ingbert	44:39,7	44:32,0	4:27,1	+10:37,77	+8:41,12
103	2.W30	310	Becker-Oehm, Sybille	1979	w	SV Schla.u.com Saar 05	44:43,8	44:38,0	4:27,7	+5:40,05	+4:19,40
104	20.M50	433	Engel, Mirko	1960	m	Regionalverband Saarbrücken	44:44,9	44:32,0	4:27,1	+10:42,99	+8:46,34
105	21.M50	336	Föllmer, Hans-Joachim	1959	m	LTF Köllertal	44:45,9	44:39,0	4:27,8	+10:44,04	+8:47,39
106	17.M40	555	Müller, Stefan	1967	m	LSG Quierschied	44:48,1	44:22,0	4:26,1	+10:46,17	+10:11,10
107	18.M40	100	Weller, Torsten	1971	m	LT Phoenix Dudweiler	44:50,2	44:43,0	4:28,2	+10:48,26	+10:13,19
108	19.M40	216	Barth, Patrick	1969	m		44:51,2	44:43,0	4:28,2	+10:49,33	+10:14,26
109	20.M40	102	Kruse, Karsten	1969	m	LT Phoenix Dudweiler	44:56,2	44:38,0	4:27,7	+10:54,27	+10:19,20
110	22.M50	431	Westhofen, Heinz-Peter	1959	m	Regionalverband Saarbrücken	44:56,8	44:43,0	4:28,2	+10:54,88	+8:58,23
111	9.M55	340	Gasper, Norbert	1954	m	TV Lebach	45:00,5	44:55,0	4:29,4	+10:58,61	+4:41,11
112	21.M40	248	Bohr, Oliver	1968	m	DJK Dudweiler	45:02,5	44:52,0	4:29,1	+11:00,62	+10:25,55
113	14.M45	537	Muche, Thomas	1963	m	Tri-Sport Saar-Hochwald	45:15,0	44:57,0	4:29,6	+11:13,12	+6:23,65
114	2.M60	82	Schmidt, Albert	1949	m	LAG Saarbrücken	45:15,4	45:06,0	4:30,5	+11:13,51	+2:30,08
115	17.M	7	Hünsche, Markus	1983	m		45:16,9	45:02,0	4:30,2	+11:14,99	+10:50,89
116	10.M55	511	Gienther, Karl-Heinz	1954	m	LFT Köllertal	45:21,6	45:12,0	4:31,1	+11:19,68	+5:02,18
117	15.M45	316	Fries, Michael	1966	m		45:24,6	45:12,0	4:31,1	+11:22,67	+6:33,20
118	1.MJA	103	Stadtfeld, Daniel	1993	m	LT Phoenix Dudweiler	45:26,2	45:07,0	4:30,6	+11:24,26	-
119	11.M55	521	Jochum, Bernd	1956	m	LTF Köllertal	45:27,6	45:15,0	4:31,4	+11:25,73	+5:08,23
120	15.M35	294	Maas, Heiko	1972	m	LTF Köllertal	45:36,0	45:25,0	4:32,4	+11:34,12	+9:35,29
121	4.W35	295	Maas, Claudia	1973	w	LTF Köllertal	45:36,0	45:24,0	4:32,3	+6:32,24	+6:28,04

122	18.M	328	<u>Behr, Mathias</u>	1983	m		45:40,9	45:29,0	4:32,8	+11:38,98	+11:14,88
123	16.M45	303	<u>Gillmann, Tom</u>	1966	m	LAZ Saarbrücken	45:48,5	45:31,0	4:33,0	+11:46,55	+6:57,08
124	17.M45	376	<u>Schario, Felix</u>	1962	m	LTF Köllertal	45:52,0	45:42,0	4:34,1	+11:50,10	+7:00,63
125	1.W50	66	<u>Ufer, Beate</u>	1961	w	DJK Münchwies	45:53,3	45:49,0	4:34,8	+6:49,48	-
126	1.Sch	526	<u>Martin, Joshua</u>	1997	m	JFG Saar-Halberg	45:55,5	45:54,0	4:35,3	+11:53,61	-
127	18.M45	52	<u>Büchin, Dirk</u>	1965	m	Die 2 vom Homburg	45:55,9	45:46,0	4:34,5	+11:54,04	+7:04,57
128	19.M	412	<u>Blank, Andreas</u>	1990	m	LA Team Saar	45:57,0	45:52,0	4:35,1	+11:55,05	+11:30,95
129	1.W45	53	<u>Mautes, Claudia</u>	1964	w	Die 2 vom Homburg	46:01,4	45:51,0	4:35,0	+6:57,59	-
130	1.M65	199	<u>Voikmann, Ralf</u>	1945	m	Wiesloch	46:03,4	45:54,0	4:35,3	+12:01,50	-
131	23.M50	10	<u>Woerner, Michael</u>	1958	m	http://www.PERSONALER.com	46:08,5	45:58,0	4:35,7	+12:06,61	+10:09,96
132	19.M45	308	<u>Riedel, Franz</u>	1966	m	LC Altenkessel	46:14,2	45:52,0	4:35,1	+12:12,29	+7:22,82
133	2.W40	171	<u>Köhler, Sabine</u>	1970	w	Lauffreß Bliesmengen-Bolchen	46:27,8	46:21,0	4:38,0	+7:24,02	+7:24,02
134	16.M35	61	<u>Wurtzel, Pascal</u>	1972	m	CAN Sarreguemine	46:29,4	46:00,0	4:35,9	+12:27,47	+10:28,64
135	12.M55	166	<u>Zänkert, Horst</u>	1952	m		46:30,8	46:10,0	4:36,9	+12:28,91	+6:11,41
136	22.M40	438	<u>Schmitt, Roman</u>	1967	m	Grojos LTF Elversberg	46:33,1	46:07,0	4:36,6	+12:31,17	+11:56,10
137	2.W45	254	<u>Müller, Sibylle</u>	1966	w	TV Quierschied	46:33,5	46:08,0	4:36,7	+7:29,69	+32,10
138	24.M50	261	<u>Gabelmann, Wolfgang</u>	1960	m	SV Spesbach	46:38,9	46:32,0	4:39,1	+12:37,03	+10:40,38
139	25.M50	444	<u>Freichel, Harald</u>	1957	m	Bisttal-Runners	46:41,2	46:22,0	4:38,1	+12:39,26	+10:42,61
140	20.M45	307	<u>Barten Bach, Ulrich</u>	1962	m	Bärenbande	46:41,5	45:47,0	4:34,6	+12:39,56	+7:50,09
141	3.W30	435	<u>Blug, Katja</u>	1979	w	LTF Köllertal	46:50,4	46:34,0	4:39,3	+7:46,61	+6:25,96
142	3.W45	538	<u>Hartmann, Heidi</u>	1964	w	FriBi Funrunners	46:53,6	46:44,0	4:40,3	+7:49,84	+52,25
143	13.M55	353	<u>Reuther, Alexander</u>	1955	m	LSG Quierschied	46:53,9	46:43,0	4:40,2	+12:51,95	+6:34,45
144	23.M40	75	<u>Thielen, Marcus</u>	1968	m		47:01,3	46:42,0	4:40,1	+12:59,35	+12:24,28
145	5.W35	140	<u>Goll, Cathleen</u>	1976	w	Sport Jochum	47:03,9	46:48,0	4:40,7	+8:00,15	+7:55,95
146	17.M35	449	<u>Ohliger, Bernd</u>	1973	m	FriBi Fun Runners	47:05,2	46:49,0	4:40,8	+13:03,32	+11:04,49
147	18.M35	304	<u>Bastian, Michael</u>	1973	m	LLG Wustweiler	47:06,0	46:50,0	4:40,9	+13:04,08	+11:05,25
148	14.M55	515	<u>Bachmann, Harald</u>	1954	m	STEAG Power Saar	47:09,3	46:46,0	4:40,5	+13:07,38	+6:49,88
149	4.W45	161	<u>Theis-Wieland, Daniela</u>	1965	w	LTF Köllertal	47:16,7	47:05,0	4:42,4	+8:12,88	+1:15,29
150	21.M45	85	<u>Kirsch, Christian</u>	1966	m		47:20,4	47:01,0	4:42,0	+13:18,51	+8:29,04
151	24.M40	297	<u>Lo Vullo, Angelo</u>	1967	m	La Famiglia	47:25,2	47:06,0	4:42,5	+13:23,32	+12:48,25
152	9.M30	218	<u>Weidler, Jochen</u>	1978	m		47:25,3	47:02,0	4:42,1	+13:23,43	+10:43,16
153	1.WJA	69	<u>Fuchs, Sita</u>	1992	w	LAG Saarbrücken	47:27,1	47:15,0	4:43,4	+8:23,32	-
154	19.M35	535	<u>Zägel, Carsten</u>	1974	m		47:27,8	47:12,0	4:43,1	+13:25,93	+11:27,10
155	2.MJB	253	<u>Juckel, Magnus</u>	1995	m	TV 1895 Elm e.V.	47:30,1	47:24,0	4:44,3	+13:28,20	+13:28,20
156	26.M50	318	<u>Muscalla, Frank</u>	1961	m		47:30,8	47:14,0	4:43,3	+13:28,92	+11:32,27
157	25.M40	86	<u>Crolla, Peter</u>	1967	m	LAG Saarbrücken	47:33,6	47:22,0	4:44,1	+13:31,69	+12:56,62
158	2.M65	520	<u>Vogel, Rudi</u>	1945	m	SV Werschweiler	47:33,7	47:09,0	4:42,8	+13:31,79	+1:30,29
159	26.M40	145	<u>Sosnowski, Thomas</u>	1969	m		47:36,5	47:24,0	4:44,3	+13:34,57	+12:59,50
160	20.M35	79	<u>Rothhaar, Tobias</u>	1972	m		47:45,2	47:21,0	4:44,0	+13:43,28	+11:44,45
161	22.M45	232	<u>Bartholome, Ralf</u>	1963	m	LT Rennschnecke Dudweiler	47:49,2	47:10,0	4:42,9	+13:47,31	+8:57,84
162	3.M60	263	<u>Hoffmeister, Klaus</u>	1950	m		47:56,9	47:48,0	4:46,7	+13:55,04	+5:11,61
163	27.M40	447	<u>Burgio, Luigi</u>	1968	m		47:59,6	47:27,0	4:44,6	+13:57,68	+13:22,61
164	21.M35	300	<u>Kos, Robert</u>	1976	m	IKK Suedwest	48:04,1	47:44,0	4:46,3	+14:02,24	+12:03,41
165	10.M30	169	<u>Anderko, Damian</u>	1980	m	LAG Saarbrücken	48:08,1	47:59,0	4:47,8	+14:06,18	+11:25,91
166	20.M	27	<u>Münster, Manuel</u>	1988	m	LAG Saarbrücken	48:10,6	47:47,0	4:46,6	+14:08,70	+13:44,60
167	21.M	551	<u>Heib, Torsten</u>	1984	m		48:12,9	47:56,0	4:47,5	+14:10,98	+13:46,88
168	15.M55	121	<u>Braun, Gerd</u>	1953	m	PKV Bexbach	48:13,2	47:54,0	4:47,3	+14:11,31	+7:53,81
169	2.Sch	518	<u>Schmitt, Andreas</u>	1997	m	LC Warndt	48:25,1	48:21,0	4:50,0	+14:23,22	+2:29,61
170	23.M45	118	<u>Juen, Michael</u>	1965	m	BSG Sparkasse Neunkirchen	48:25,9	48:05,0	4:48,4	+14:24,02	+9:34,55
171	3.MJB	442	<u>Konrad, Max</u>	1995	m	Ruderclub Saarbrücken	48:31,3	48:20,0	4:49,9	+14:29,36	+14:29,36
172	3.M65	251	<u>Mettger, Ulrich</u>	1944	m		48:31,9	48:11,0	4:49,0	+14:30,01	+2:28,51
173	3.Sch	291	<u>Burkhard, Felix</u>	1997	m	FriBi Fun Runners	48:32,2	48:22,0	4:50,1	+14:30,30	+2:36,69
174	27.M50	173	<u>Schulz, Uwe</u>	1958	m		48:35,0	47:48,0	4:46,7	+14:33,11	+12:36,46
175	1.Schi	356	<u>Piffli, Davina</u>	1997	w	LAZ Saarbrücken	48:35,8	48:30,0	4:50,9	+9:32,04	-
176	3.W40	311	<u>Busch, Sabine</u>	1971	w	Sport Jochum	48:36,0	48:30,0	4:50,9	+9:32,24	+9:32,24
177	28.M50	407	<u>Kittler, Rolf</u>	1958	m	LAG Saarbrücken	48:41,4	48:20,0	4:49,9	+14:39,46	+12:42,81
178	28.M40	504	<u>Schmitt, Christian</u>	1969	m	SC Blies	48:44,0	48:16,0	4:49,5	+14:42,13	+14:07,06
179	5.W45	201	<u>Kiemle-Schindling, Christine</u>	1962	w	Sparkasse Saarbrücken	48:46,1	48:37,0	4:51,6	+9:42,36	+2:44,77
180	29.M50	443	<u>Konrad, Uwe</u>	1960	m	TV Ensheim	48:46,9	48:36,0	4:51,5	+14:44,99	+12:48,34
181	24.M45	288	<u>Schloz, Peter</u>	1965	m	LT TV Rußhütte	48:52,3	48:30,0	4:50,9	+14:50,37	+10:00,90
182	22.M35	221	<u>Lüdecke, Stefan</u>	1974	m		48:52,5	48:28,0	4:50,7	+14:50,56	+12:51,73
183	6.W35	246	<u>Becker, Nicole</u>	1976	w	Grojos LTF Elversberg	48:52,7	48:37,0	4:51,6	+9:48,87	+9:44,67
184	11.M30	230	<u>Porteset, Pascal</u>	1980	m	Hardtseemafia Triathlon	48:54,9	48:35,0	4:51,4	+14:53,02	+12:12,75
185	22.M	19	<u>Kruse, Jarmo</u>	1987	m		48:55,3	48:13,0	4:49,2	+14:53,43	+14:29,33
186	25.M45	282	<u>Demirkapi, Semsı</u>	1964	m	LT TV Rußhütte	48:58,8	48:43,0	4:52,2	+14:56,91	+10:07,44
187	4.M65	534	<u>Calcagno, Gaetano</u>	1945	m	LSG Saarbrücken-Sulzbachtal	48:59,0	48:36,0	4:51,5	+14:57,11	+2:55,61
188	16.M55	368	<u>Oswald, Horst</u>	1952	m	Riegelsberg	49:00,3	48:53,0	4:53,2	+14:58,39	+8:40,89

189	23.M	44	Poitz, Jonathan	1989	m		49:03,0	48:21,0	4:50,0	+15:01,05	+14:36,95
190	24.M	274	Klein, Julian	1988	m	BSG Sparkasse Neunkirchen	49:11,3	48:51,0	4:53,0	+15:09,43	+14:45,33
191	29.M40	208	Jutz, Uwe	1967	m		49:15,8	48:37,0	4:51,6	+15:13,88	+14:38,81
192	4.W40	287	Schloz, Katja	1969	w	LT TV Rußhütte	49:15,9	48:54,0	4:53,3	+10:12,11	+10:12,11
193	30.M50	540	Heffesheimer, Bernhard	1957	m	Kindsbach	49:19,3	48:35,0	4:51,4	+15:17,35	+13:20,70
194	31.M50	450	Meyer, Thomas	1958	m	LLG Wustweiler	49:22,2	49:04,0	4:54,3	+15:20,33	+13:23,68
195	26.M45	354	Schinabeck, Norbert	1962	m	Bosch Homburg	49:23,5	48:51,0	4:53,0	+15:21,55	+10:32,08
196	32.M50	512	Heining, Wolfgang	1958	m		49:26,9	48:51,0	4:53,0	+15:24,99	+13:28,34
197	4.M60	523	Seel, Winfried	1948	m	LLG Wustweiler	49:27,6	49:13,0	4:55,2	+15:25,66	+6:42,23
198	27.M45	20	Koch, Markus	1966	m	LAUFEN IM SAARLAND	49:34,2	49:04,0	4:54,3	+15:32,25	+10:42,78
199	33.M50	114	Naumann, Norbert	1960	m	Bella-B	49:42,8	49:32,0	4:57,1	+15:40,88	+13:44,23
200	28.M45	548	Eigner, Martin	1965	m	SaarLB Betriebssportgruppe	49:43,4	49:22,0	4:56,1	+15:41,54	+10:52,07
201	6.W45	369	Groß, Heike	1965	w	Grojos LTF Elversberg	49:45,3	49:30,0	4:56,9	+10:41,51	+3:43,92
202	7.W35	50	Hoffmann, Heike	1974	w	Laufsport Werner Gebhard	49:48,0	49:35,0	4:57,4	+10:44,18	+10:39,98
203	34.M50	4	Gebhard, Werner	1958	m	Silvesterlauf Trier e.V.	49:48,5	49:35,0	4:57,4	+15:46,55	+13:49,90
204	5.M60	237	Paul, Heribert	1948	m	LSG Saarbrücken-Sulzbachtal	49:51,5	49:15,0	4:55,4	+15:49,58	+7:06,15
205	35.M50	436	Brünnet, Martin	1961	m		49:58,4	49:41,0	4:58,0	+15:56,48	+13:59,83
206	7.W45	543	Claessen, Anette	1963	w	LTF Köllertal	50:04,0	49:42,0	4:58,1	+11:00,23	+4:02,64
207	23.M35	148	Engel, Oliver	1975	m	Lebenshilfe Obere Saar	50:07,2	49:53,0	4:59,2	+16:05,29	+14:06,46
208	29.M45	386	Rolinger, Christoph	1965	m		50:20,0	49:45,0	4:58,4	+16:18,14	+11:28,67
209	6.M60	286	Sehmer, Siegfried	1950	m	LT TV Rußhütte	50:28,2	50:21,0	5:02,0	+16:26,26	+7:42,83
210	2.WJA	380	Vassileva, Victoria	1992	w		50:30,2	50:25,0	5:02,4	+11:26,42	+3:03,10
211	7.M60	330	Trinks, Dr., Uwe	1951	m		50:35,0	50:10,0	5:00,9	+16:33,12	+7:49,69
212	17.M55	144	Steffen, Ferdi	1953	m	BSG Stadtwerke Saarbrücken	50:49,5	50:37,0	5:03,6	+16:47,61	+10:30,11
213	4.W30	428	Motsoh, Daniela	1980	w	Regionalverband Saarbrücken	50:51,6	50:37,0	5:03,6	+11:47,81	+10:27,16
214	5.W40	423	Hertel, Runqiong	1970	w	SV Schlau.com Saar 05	50:56,1	50:35,0	5:03,4	+11:52,35	+11:52,35
215	8.M60	505	Preußner, Hans-Dietrich	1948	m		51:00,5	50:32,0	5:03,1	+16:58,57	+8:15,14
216	12.M30	536	Calcagno, Luca Filippo	1977	m		51:03,6	50:41,0	5:04,0	+17:01,72	+14:21,45
217	13.M30	150	Henry, Kai	1978	m	Lebenshilfe Obere Saar	51:07,2	50:53,0	5:05,2	+17:05,25	+14:24,98
218	8.W45	212	Hoffmann, Monika	1963	w	Mittelpunktläufer SV Habach	51:08,2	50:37,0	5:03,6	+12:04,43	+5:06,84
219	36.M50	331	Heinen, Thomas	1960	m	Bübinger Werke	51:17,3	50:49,0	5:04,8	+17:15,36	+15:18,71
220	8.W35	21	Nonweiler, Silke	1974	w	LAZ Saarbrücken	51:27,4	51:10,0	5:06,9	+12:23,63	+12:19,43
221	30.M40	64	Rudig, Frank	1968	m	Bildstocker Rennschlappe	51:29,2	51:12,0	5:07,1	+17:27,29	+16:52,22
222	24.M35	113	Buchheit, Christian	1974	m		51:30,6	51:00,0	5:05,9	+17:28,70	+15:29,87
223	6.W40	119	Schuetz, Petra	1968	w	PKV Bexbach	51:31,2	51:13,0	5:07,2	+12:27,42	+12:27,42
224	37.M50	257	Emser, Stefan	1960	m	FV Oberbexbach	51:34,7	50:58,0	5:05,7	+17:32,80	+15:36,15
225	1.W55	292	Kapp, Karin	1954	w	Mittelpunktläufer SV Habach	51:38,2	51:07,0	5:06,6	+12:34,38	-
226	2.W50	271	Faber, Stephanie	1959	w		51:42,4	51:27,0	5:08,6	+12:38,61	+5:49,13
227	1.WJB	84	Nellessen, Viola	1994	w		51:43,9	51:40,0	5:09,9	+12:40,12	-
228	31.M40	45	Frotscher, Patrick	1970	m	TV Gündingen	51:44,4	51:13,0	5:07,2	+17:42,48	+17:07,41
229	25.M35	47	Macera, Micha	1973	m	Betriebssportgruppe Marx	51:49,3	51:40,0	5:10,0	+17:47,38	+15:48,55
230	1.M70	514	Hoffmann, Bernd	1941	m	DJK-SG St.Ingbert	51:49,3	51:25,0	5:08,4	+17:47,40	-
231	5.W30	305	Freiermuth, Nadine	1978	w	LLG Wustweiler	51:56,8	51:39,0	5:09,8	+12:53,02	+11:32,37
232	30.M45	217	Kreuter, Joachim	1966	m	LLG Wustweiler	51:58,3	51:40,0	5:09,9	+17:56,35	+13:06,88
233	38.M50	210	Blaes, Johannes	1961	m	Mittelpunktläufer SV Habach	51:59,2	51:28,0	5:08,7	+17:57,32	+16:00,67
234	9.M60	320	Kubulus, Alois	1948	m	TV Quierschied	52:03,9	51:52,0	5:11,1	+18:01,96	+9:18,53
235	25.M	17	Kos, Thomas	1982	m		52:04,2	51:37,0	5:09,6	+18:02,31	+17:38,21
236	3.WJA	441	Mang, Nathalie	1992	w	LTF Köllertal	52:10,0	51:43,0	5:10,2	+13:06,18	+4:42,86
237	10.M60	545	Collmann, Franz	1951	m	CEB Runners	52:18,9	51:43,0	5:10,2	+18:16,97	+9:33,54
238	31.M45	40	Müller, Ralf	1963	m	UKV - Erdingerbub	52:28,8	52:03,0	5:12,2	+18:26,89	+13:37,42
239	9.W45	211	Schneider, Marqit	1962	w	Mittelpunktläufer SV Habach	52:32,8	52:01,0	5:12,0	+13:28,99	+6:31,40
240	32.M40	338	Bettinger, Dieter	1969	m	TV 06 Limbach	52:35,6	51:48,0	5:10,7	+18:33,67	+17:58,60
241	32.M45	383	Ziegler, Paul	1962	m	TV 06 Limbach	52:36,4	51:49,0	5:10,8	+18:34,48	+13:45,01
242	39.M50	552	Brach, Christian	1960	m	DÜRR	52:41,4	52:11,0	5:13,0	+18:39,45	+16:42,80
243	33.M45	507	Bellon, Heiko	1963	m	LAG Saarbrücken	52:43,1	52:24,0	5:14,3	+18:41,21	+13:51,74
244	34.M45	273	Hoppstädter, Uwe	1962	m	BSG Sparkasse Neunkirchen	52:45,2	52:10,0	5:12,9	+18:43,29	+13:53,82
245	18.M55	524	Niesen, Michael	1956	m	Überherrn	52:53,3	52:13,0	5:13,2	+18:51,41	+12:33,91
246	33.M40	541	Schick, Marc	1969	m		52:57,2	52:40,0	5:15,9	+18:55,34	+18:20,27
247	2.M70	415	Vogtland, Fritz	1940	m	TV Quierschied	53:00,7	52:49,0	5:16,8	+18:58,76	+11:11,36
248	26.M	167	Heinen, Denis	1989	m	TV Orscholz Abt. Karate	53:02,6	52:40,0	5:15,9	+19:00,66	+18:36,56
249	11.M60	186	Beck, Hubert	1950	m	Bisttal-Runners	53:03,4	52:30,0	5:14,9	+19:01,47	+10:18,04
250	35.M45	195	Georges, Bernhard	1963	m		53:05,0	52:27,0	5:14,6	+19:03,06	+14:13,59
251	27.M	101	Gräsel, Daniel	1985	m	LT Phoenix Dudweiler	53:07,6	52:31,0	5:15,0	+19:05,66	+18:41,56
252	28.M	332	Müller, Andreas	1984	m	Bübinger Werke	53:09,6	52:42,0	5:16,1	+19:07,65	+18:43,55
253	6.W30	126	Peterlin, Anne	1978	w	LT Rennschnecke Dudweiler	53:19,6	52:48,0	5:16,7	+14:15,83	+12:55,18
254	19.M55	235	Neumeier, Wolfgang	1956	m	B&S - Runners	53:19,8	52:36,0	5:15,5	+19:17,93	+13:00,43
255	36.M45	453	Schneider, Rolf	1964	m		53:23,9	52:47,0	5:16,6	+19:21,99	+14:32,52

256	3.M70	277	<u>Ohlsiek, Alois</u>	1939	m	TV Oberwürzbach	53:28,2	53:12,0	5:19,1	+19:26,30	+1:38,90
257	7.W40	501	<u>Latz, Eva</u>	1970	w	Lag Saarbrücken	53:29,1	53:05,0	5:18,4	+14:25,33	+14:25,33
258	34.M40	264	<u>Wetzel, Bastian</u>	1969	m		53:36,7	52:53,0	5:17,2	+19:34,75	+18:59,68
259	35.M40	425	<u>Lück, Frank</u>	1967	m	Hager Elektro GmbH	53:52,0	53:19,0	5:19,8	+19:50,08	+19:15,01
260	36.M40	452	<u>Jacob, Frank</u>	1967	m	LAG Saarbrücken	53:56,2	53:29,0	5:20,8	+19:54,33	+19:19,26
261	5.M65	293	<u>Germeyer, Gerd</u>	1944	m	LSG Schmelz-Hüttersdorf	54:00,8	53:28,0	5:20,7	+19:58,85	+7:57,35
262	4.M70	513	<u>Pietzner, Paul</u>	1938	m		54:02,8	53:34,0	5:21,3	+20:00,94	+2:13,54
263	2.W	179	<u>Calcaqno, Angela</u>	1985	w	LT Phoenix Dudweiler	54:03,1	53:27,0	5:20,6	+14:59,33	+10:20,32
264	37.M40	334	<u>Zimmermann, Volker</u>	1967	m	IMC AG	54:15,9	53:46,0	5:22,5	+20:14,02	+19:38,95
265	37.M45	255	<u>Jacob, Joachim</u>	1963	m	TV 1895 Elm e.V.	54:20,1	53:52,0	5:23,1	+20:18,22	+15:28,75
266	40.M50	533	<u>Linnemann-Emden, Thomas</u>	1958	m	LT TV Rußhütte	54:21,5	53:36,0	5:21,5	+20:19,62	+18:22,97
267	3.W50	233	<u>Hector, Gerda</u>	1959	w		54:27,5	53:58,0	5:23,7	+15:23,67	+8:34,19
268	29.M	272	<u>Bonpain, Dominique</u>	1983	m	BSG Sparkasse Neunkirchen	54:31,1	53:56,0	5:23,5	+20:29,15	+20:05,05
269	14.M30	359	<u>Langenbach, Christian</u>	1979	m	BSG Sparkasse Neunkirchen	54:35,5	54:01,0	5:24,0	+20:33,55	+17:53,28
270	38.M40	11	<u>Bast, Günter</u>	1971	m		54:42,7	53:49,0	5:22,8	+20:40,76	+20:05,69
271	10.W45	213	<u>Thiel, Karin</u>	1965	w	Mittelpunktläufer SV Habach	54:46,2	54:16,0	5:25,5	+15:42,43	+8:44,84
272	5.M70	108	<u>Noll, Gerd</u>	1940	m	LT Phoenix Dudweiler	54:50,2	54:25,0	5:26,4	+20:48,32	+3:00,92
273	20.M55	528	<u>Schmitt, Michael</u>	1956	m	TV Völklingen	54:55,9	54:32,0	5:27,1	+20:53,95	+14:36,45
274	41.M50	243	<u>Schäfer, Thomas</u>	1960	m	TV Rehlingen	54:59,6	54:23,0	5:26,2	+20:57,67	+19:01,02
275	4.W50	91	<u>Schwindt, Heike</u>	1961	w	Run 4 Fun Bübingen	55:00,3	54:45,0	5:28,4	+15:56,52	+9:07,04
276	4.WJA	529	<u>Schmitt, Melanie</u>	1992	w	TV Völklingen	55:23,9	55:00,0	5:29,9	+16:20,13	+7:56,81
277	30.M	382	<u>Halter, Jan</u>	1985	m	Grojos LTF Elversberg	55:30,5	54:57,0	5:29,6	+21:28,63	+21:04,53
278	38.M45	549	<u>Wartlick, Ole</u>	1966	m	Deutsch-Französisches Gymnasium	55:36,6	54:58,0	5:29,7	+21:34,68	+16:45,21
279	8.W40	410	<u>Rixecker, Simone</u>	1968	w		55:36,7	54:59,0	5:29,8	+16:32,93	+16:32,93
280	11.W45	93	<u>Weiß, Petra Maria</u>	1964	w		55:39,3	55:01,0	5:30,0	+16:35,49	+9:37,90
281	26.M35	23	<u>Schub, Sascha</u>	1974	m		55:41,4	55:00,0	5:29,9	+21:39,53	+19:40,70
282	12.M60	185	<u>Wagner, Bernhard</u>	1947	m	Bisttal Runners	55:45,0	55:02,0	5:30,1	+21:43,11	+12:59,68
283	42.M50	427	<u>Gillo, Peter</u>	1957	m	Regionalverband Saarbrücken	55:48,2	55:12,0	5:31,1	+21:46,25	+19:49,60
284	9.W35	267	<u>Hiller, Katja</u>	1975	w	Betriebssportgruppe Recktenwald	55:49,6	55:21,0	5:32,0	+16:45,83	+16:41,63
285	39.M40	301	<u>Hahn, Markus</u>	1971	m		55:50,9	55:02,0	5:30,1	+21:49,01	+21:13,94
286	27.M35	266	<u>Nesselberger, Christian</u>	1973	m	Betriebssportgruppe Recktenwald	55:51,6	55:22,0	5:32,1	+21:49,66	+19:50,83
287	1.W60	209	<u>Klein, Gertrud</u>	1951	w	Mittelpunktläufer SV Habach	55:55,4	55:23,0	5:32,2	+16:51,63	-
288	39.M45	32	<u>Reschke, Andreas</u>	1962	m	LAG Saarbrücken	56:00,3	55:39,0	5:33,8	+21:58,35	+17:08,88
289	43.M50	279	<u>Micka, Andreas</u>	1958	m	LT TV Rußhütte	56:01,3	55:14,0	5:31,3	+21:59,43	+20:02,78
290	40.M45	530	<u>Lorenz, Roland</u>	1962	m		56:06,9	55:32,0	5:33,1	+22:05,04	+17:15,57
291	44.M50	83	<u>Amler, Heinz</u>	1958	m	MBB SG AUGSBURG	56:07,0	55:28,0	5:32,7	+22:05,12	+20:08,47
292	40.M40	404	<u>Rößner, Gerold</u>	1970	m	Respofit	56:07,4	55:28,0	5:32,7	+22:05,50	+21:30,43
293	21.M55	426	<u>Kunz, Bruno</u>	1956	m	Feuerwehr Eiweiler	56:09,6	56:00,0	5:35,9	+22:07,73	+15:50,23
294	2.W60	275	<u>Weber, Christel</u>	1951	w	BSG Sparkasse Neunkirchen	56:10,6	55:35,0	5:33,4	+17:06,85	+15,22
295	41.M40	149	<u>Schmitt, Andreas</u>	1968	m	Lebenshilfe Obere Saar	56:12,8	56:00,0	5:35,9	+22:10,85	+21:35,78
296	5.W50	325	<u>Prelop-Geiger, Katharina</u>	1960	w	PSD Bank-Team	56:15,5	55:27,0	5:32,6	+17:11,73	+10:22,25
297	9.W40	401	<u>Göbel, Claudia</u>	1968	w	LTF Köllertal	56:18,5	55:51,0	5:35,0	+17:14,76	+17:14,76
298	12.W45	289	<u>Brauchler, Edeltraud</u>	1962	w	LT TV Rußhütte	56:20,5	55:58,0	5:35,7	+17:16,75	+10:19,16
299	13.M60	252	<u>Kolling, Harald</u>	1950	m		56:23,2	55:53,0	5:35,2	+22:21,26	+13:37,83
300	14.M60	177	<u>Reinsch, Holm</u>	1948	m	LSG-Saarbrüchen-Sulzbachtal	56:23,2	55:53,0	5:35,2	+22:21,28	+13:37,85
301	45.M50	440	<u>Schneider, Stefan</u>	1961	m	LTF Köllertal	56:26,8	56:01,0	5:36,0	+22:24,92	+20:28,27
302	46.M50	147	<u>Müller, Detlef</u>	1961	m	Lebenshilfe Obere Saar	56:31,5	56:18,0	5:37,7	+22:29,58	+20:32,93
303	13.W45	329	<u>Amini, Jasmin</u>	1966	w		56:44,6	56:17,0	5:37,6	+17:40,81	+10:43,22
304	22.M55	260	<u>Bubel, Wolfgang</u>	1953	m	Südensheimer Einzelläufer	56:44,6	55:53,0	5:35,2	+22:42,74	+16:25,24
305	14.W45	49	<u>Corti, Andrea</u>	1962	w	Laufsport Werner Gebhard	56:45,8	56:32,0	5:39,1	+17:42,03	+10:44,44
306	15.W45	448	<u>Neu, Petra</u>	1966	w		56:59,9	56:33,0	5:39,2	+17:56,14	+10:58,55
307	23.M55	422	<u>Hertel, Rolf</u>	1953	m	SV Schlau.com Saar 05	57:04,6	56:40,0	5:39,9	+23:02,66	+16:45,16
308	15.M60	116	<u>Schütz, Erwin</u>	1947	m	LT Hirzweiler	57:21,6	56:48,0	5:40,7	+23:19,65	+14:36,22
309	41.M45	240	<u>Warken, Thomas</u>	1962	m		57:24,6	56:41,0	5:40,0	+23:22,74	+18:33,27
310	6.W50	37	<u>Sauer, Gudrun</u>	1959	w	LTF Köllertal	57:25,3	56:58,0	5:41,7	+18:21,53	+11:32,05
311	16.M60	204	<u>Paul, Theo</u>	1950	m	Sparkasse Saarbrücken	57:26,8	56:58,0	5:41,7	+23:24,93	+14:41,50
312	28.M35	333	<u>Grün, Reiner</u>	1972	m	LT Phoenix Dudweiler	57:27,4	56:50,0	5:40,9	+23:25,52	+21:26,69
313	7.W30	377	<u>Hoff, Nadine</u>	1981	w	LT Phoenix Dudweiler	57:33,1	56:56,0	5:41,5	+18:29,28	+17:08,63
314	31.M	153	<u>Rohe, Steven</u>	1991	m	Lebenshilfe Obere Saar	57:39,1	57:34,0	5:45,3	+23:37,16	+23:13,06
315	42.M45	109	<u>Noll, Kai</u>	1965	m	LT Phoenix Dudweiler	57:41,4	57:00,0	5:41,9	+23:39,48	+18:50,01
316	8.W30	115	<u>Fries, Anjie</u>	1981	w		57:55,2	57:26,0	5:44,5	+18:51,38	+17:30,73
317	17.M60	28	<u>Bierbrauer, Lothar</u>	1949	m		58:04,5	57:49,0	5:46,8	+24:02,61	+15:19,18
318	16.W45	373	<u>Lambert, Barbara</u>	1965	w		58:16,9	57:26,0	5:44,5	+19:13,08	+12:15,49
319	32.M	259	<u>Lasserre, Federico</u>	1983	m		58:24,8	57:33,0	5:45,2	+24:22,92	+23:58,82
320	7.W50	532	<u>Linnemann-Emden, Dorena</u>	1960	w	LT TV Rußhütte	58:30,1	57:45,0	5:46,4	+19:26,32	+12:36,84
321	24.M55	250	<u>Bock, Peter</u>	1952	m	LCS	58:36,9	58:10,0	5:48,9	+24:35,04	+18:17,54
322	18.M60	400	<u>Keffer, Helmut E. W.</u>	1950	m	LTF Fürstenhausen	58:41,6	58:21,0	5:50,0	+24:39,71	+15:56,28

323	29.M35	258	<u>Soldera, Flavio</u>	1973	m		58:55,3	58:03,0	5:48,2	+24:53,36	+22:54,53
324	3.W	372	<u>Loth, Stella</u>	1991	w		58:58,9	58:16,0	5:49,5	+19:55,07	+15:16,06
325	4.W	371	<u>Jung, Laura</u>	1990	w		58:58,9	58:16,0	5:49,5	+19:55,14	+15:16,13
326	10.W40	525	<u>Lismann, Sabine</u>	1971	w	Überherrn	59:05,6	58:25,0	5:50,4	+20:01,86	+20:01,86
327	43.M45	46	<u>Joachim, Frank</u>	1963	m		59:17,5	58:45,0	5:52,4	+25:15,58	+20:26,11
328	17.W45	355	<u>Fritz-Weiland, Ute</u>	1963	w		59:18,5	58:40,0	5:51,9	+20:14,67	+13:17,08
329	5.WJA	197	<u>Grolier, Nathalie</u>	1992	w	LAG Saarbrücken	59:22,9	58:48,0	5:52,7	+20:19,13	+11:55,81
330	25.M55	196	<u>Grolier, Victor</u>	1955	m	LAG Saarbrücken	59:23,2	58:49,0	5:52,8	+25:21,25	+19:03,75
331	18.W45	309	<u>Wagner, Irmgard</u>	1962	w		59:24,1	58:46,0	5:52,5	+20:20,33	+13:22,74
332	1.W65	424	<u>Orekskovic, Ingrid</u>	1945	w	SV Schlaun.com Saar 05	59:37,2	59:14,0	5:55,3	+20:33,46	-
333	44.M45	421	<u>Orekskovic, Stefan</u>	1962	m	SV Schlaun.com Saar 05	59:37,6	59:14,0	5:55,3	+25:35,65	+20:46,18
334	4.Sch	223	<u>von Sehlen, Joel</u>	2000	m		59:44,2	59:11,0	5:55,0	+25:42,33	+13:48,72
335	9.W30	409	<u>Rau-Mihalache, Maqda</u>	1981	w	So weit wie ma renne	59:56,7	59:03,0	5:54,2	+20:52,88	+19:32,23
336	47.M50	105	<u>Guilpain, Wolfgang</u>	1960	m	LT Phoenix Dudweiler	59:56,7	59:04,0	5:54,3	+25:54,84	+23:58,19
337	11.W40	411	<u>Fischer, Anne-Laure</u>	1969	w		59:57,5	59:20,0	5:55,9	+20:53,76	+20:53,76
338	42.M40	227	<u>Oberhausen, Stefan</u>	1968	m		1:00:04,7	59:39,0	5:57,8	+26:02,80	+25:27,73
339	43.M40	351	<u>Scholl, Gerd</u>	1967	m		1:00:15,0	59:23,0	5:56,2	+26:13,11	+25:38,04
340	10.W35	402	<u>Stoll, Nicole</u>	1976	w	LTF Köllertal	1:00:17,0	59:50,0	5:58,9	+21:13,17	+21:08,97
341	44.M40	339	<u>Rascopp, Alexander</u>	1971	m	LT Fürstenhausen	1:00:17,6	59:57,0	5:59,6	+26:15,73	+25:40,66
342	11.W35	202	<u>Gauer, Sabine</u>	1974	w	Sparkasse Saarbrücken	1:00:30,3	59:58,0	5:59,7	+21:26,51	+21:22,31
343	12.W40	207	<u>Glas, Simone</u>	1971	w	Sparkasse Saarbrücken	1:00:31,2	1:00:03,0	6:00,2	+21:27,43	+21:27,43
344	48.M50	326	<u>Haffner, Hans-Peter</u>	1960	m	Blauer Stern Überherrn	1:00:38,2	59:41,0	5:58,0	+26:36,26	+24:39,61
345	10.W30	539	<u>Reis, Olga</u>	1978	w	Mannheim	1:00:56,8	1:00:13,0	6:01,2	+21:53,02	+20:32,37
346	33.M	128	<u>Schröder, Mario</u>	1988	m	LT Rennschnecke Dudweiler	1:00:57,2	1:00:18,0	6:01,7	+26:55,32	+26:31,22
347	5.W	358	<u>Vollmer, Anna Lean</u>	1986	w		1:01:12,7	1:00:24,0	6:02,3	+22:08,89	+17:29,88
348	19.W45	5	<u>Minder, Annette</u>	1966	w	Silvesterlauf Trier e.V.	1:01:30,0	1:01:16,0	6:07,5	+22:26,19	+15:28,60
349	45.M45	510	<u>Jäger, Lutz</u>	1964	m		1:01:42,7	1:00:53,0	6:05,2	+27:40,84	+22:51,37
350	26.M55	384	<u>Rothhaar, Martin</u>	1952	m	PSV Pirmasens	1:01:43,3	1:01:03,0	6:06,2	+27:41,35	+21:23,85
351	30.M35	129	<u>Alt, Ullrich</u>	1973	m	LT Rennschnecke Dudweiler	1:01:49,2	1:01:08,0	6:06,7	+27:47,25	+25:48,42
352	2.W55	206	<u>Harv, Ute</u>	1953	w	Sparkasse Saarbrücken	1:02:06,7	1:01:38,0	6:09,7	+23:02,90	+10:28,52
353	11.W30	130	<u>Collnot, Eva</u>	1978	w	LT Rennschnecke Dudweiler	1:02:19,0	1:01:38,0	6:09,7	+23:15,17	+21:54,52
354	20.W45	124	<u>Wagner, Sylvia</u>	1963	w	LT Rennschnecke Dudweiler	1:02:19,0	1:01:38,0	6:09,7	+23:15,25	+16:17,66
355	13.W40	131	<u>Kuckartz, Ursula</u>	1971	w	LT Rennschnecke Dudweiler	1:02:19,1	1:01:38,0	6:09,7	+23:15,30	+23:15,30
356	46.M45	405	<u>Jung, Andreas</u>	1964	m		1:02:38,2	1:01:49,0	6:10,8	+28:36,31	+23:46,84
357	6.W	36	<u>Schroeder, Melanie</u>	1986	w		1:02:41,7	1:01:53,0	6:11,2	+23:37,93	+18:58,92
358	47.M45	63	<u>Wachter, Stefan</u>	1963	m	lsg saarlouis	1:02:43,5	1:02:02,0	6:12,1	+28:41,64	+23:52,17
359	14.W40	62	<u>Wachter, Birgitt</u>	1967	w	lsg saarlouis	1:02:43,7	1:02:02,0	6:12,1	+23:39,87	+23:39,87
360	21.W45	503	<u>Ruffing, Renate</u>	1964	w		1:02:44,2	1:01:59,0	6:11,8	+23:40,40	+16:42,81
361	3.W55	506	<u>Mutzel, Friederike</u>	1955	w	VFA Neunkirchen	1:02:44,2	1:02:00,0	6:11,9	+23:40,43	+11:06,05
362	15.M30	9	<u>Gillenberger, Marcel</u>	1978	m		1:02:44,6	1:02:02,0	6:12,1	+28:42,69	+26:02,42
363	7.W	31	<u>Detemple, Wiebke</u>	1984	w		1:02:58,0	1:02:09,0	6:12,8	+23:54,26	+19:15,25
364	15.W40	245	<u>Koch, Claudia</u>	1967	w	LAUFEN IM SAARLAND	1:03:00,1	1:02:21,0	6:14,0	+23:56,31	+23:56,31
365	45.M40	361	<u>Jochem, Mike</u>	1969	m	Saarwellingen	1:03:00,1	1:02:21,0	6:14,0	+28:58,22	+28:23,15
366	27.M55	117	<u>Geisinger, Roland</u>	1954	m	Lag sb	1:03:01,5	1:01:39,0	6:09,8	+28:59,62	+22:42,12
367	4.W55	281	<u>Jackson-Thiel, Mary</u>	1955	w	LT TV Rußhütte	1:03:04,6	1:02:18,0	6:13,7	+24:00,78	+11:26,40
368	6.M65	247	<u>Geising, Ulrich</u>	1944	m	LCS	1:03:15,2	1:02:48,0	6:16,7	+29:13,34	+17:11,84
369	48.M45	127	<u>Gerhard, Klaus</u>	1966	m	LT Rennschnecke Dudweiler	1:04:03,4	1:03:25,0	6:20,4	+30:01,49	+25:12,02
370	34.M	385	<u>Döhl, Anton</u>	1985	m	Sulzbach	1:04:13,1	1:03:31,0	6:21,0	+30:11,17	+29:47,07
371	1.W70	58	<u>Kreutzberger, Roswitha</u>	1941	w	VFA Neunkirchen	1:04:38,2	1:04:05,0	6:24,4	+25:34,44	-
372	16.W40	76	<u>Hauck-Riechers, Helga</u>	1968	w	DJK-SG St.Ingbert	1:04:38,3	1:04:04,0	6:24,3	+25:34,51	+25:34,51
373	3.W60	59	<u>Breidt, Christine</u>	1951	w	VFA Neunkirchen	1:04:38,3	1:04:05,0	6:24,4	+25:34,55	+8:42,92
374	17.W40	527	<u>Jaich, Barbara</u>	1968	w	LTF Dudweiler	1:04:38,8	1:04:05,0	6:24,4	+25:35,02	+25:35,02
375	22.W45	363	<u>Backes, Katja</u>	1966	w		1:04:47,8	1:04:00,0	6:23,9	+25:43,99	+18:46,40
376	8.W50	367	<u>Buss, Beate</u>	1959	w	Forbach	1:04:47,9	1:04:00,0	6:23,9	+25:44,08	+18:54,60
377	18.W40	71	<u>Decker, Doris</u>	1970	w		1:05:26,8	1:04:37,0	6:27,6	+26:22,97	+26:22,97
378	5.W55	284	<u>Ackermann, Rita</u>	1953	w	LT TV Rußhütte	1:06:15,8	1:05:29,0	6:32,8	+27:11,98	+14:37,60
379	46.M40	72	<u>Gindorf, Dirk</u>	1971	m	Saarlouis	1:06:17,9	1:05:27,0	6:32,6	+32:16,01	+31:40,94
380	23.W45	299	<u>Licht, Julia</u>	1966	w	Laufschule Saar-Pfalz	1:06:30,1	1:05:39,0	6:33,8	+27:26,30	+20:28,71
381	12.W30	314	<u>Werner, Heike</u>	1981	w		1:06:50,8	1:06:04,0	6:36,3	+27:46,97	+26:26,32
382	47.M40	446	<u>Gehring, Jörg</u>	1970	m		1:07:02,4	1:06:17,0	6:37,6	+33:00,53	+32:25,46
383	12.W35	445	<u>Roth, Simone</u>	1972	w		1:07:03,0	1:06:17,0	6:37,6	+27:59,17	+27:54,97
384	13.W35	502	<u>Kropf, Nancy</u>	1975	w		1:07:07,7	1:06:25,0	6:38,4	+28:03,94	+27:59,74
385	6.W55	280	<u>Lauterbach, Delia</u>	1956	w	LT TV Rußhütte	1:10:14,2	1:09:28,0	6:56,7	+31:10,45	+18:36,07
386	9.W50	285	<u>Krotten, Cornelia</u>	1960	w	LT TV Rußhütte	1:10:20,1	1:09:33,0	6:57,2	+31:16,27	+24:26,79
387	8.W	39	<u>Reschke, Lisa</u>	1989	w	LAG	1:11:07,2	1:10:46,0	7:04,5	+32:03,38	+27:24,37
388	4.MJB	531	<u>Linnemann-Emden, Philipp</u>	1995	m	LT TV Rußhütte	1:11:38,1	1:10:53,0	7:05,2	+37:36,15	+37:36,15
389	31.M35	419	<u>Hermann, Michael</u>	1975	m	Rexroth Runners	1:11:49,7	1:10:55,0	7:05,4	+37:47,83	+35:49,00

390	10.W50	151	<u>Nikolaus, Monika</u>	1961	w	Lebenshilfe Obere Saar	1:11:56,8	1:11:42,0	7:10,1	+32:53,03	+26:03,55
391	49.M50	224	<u>Briche, Gilles</u>	1960	m		1:13:47,6	1:13:12,0	7:19,1	+39:45,71	+37:49,06
392	24.W45	222	<u>von Sehlen, Stephanie</u>	1962	w		1:13:47,9	1:13:13,0	7:19,2	+34:44,12	+27:46,53
393	14.W35	152	<u>Caspari, Petra</u>	1972	w	Lebenshilfe Obere Saar	1:14:03,9	1:13:49,0	7:22,8	+35:00,13	+34:55,93
394	9.W	74	<u>Hinrichs, Vera</u>	1989	w		1:14:26,9	1:13:36,0	7:21,5	+35:23,10	+30:44,09
395	19.W40	375	<u>Eberle, Jutta</u>	1970	w	Reisbach	1:14:36,0	1:13:51,0	7:23,0	+35:32,19	+35:32,19
396	7.W55	378	<u>Groß, Ulla</u>	1953	w	Fribi Fun Runners	1:15:36,1	1:15:04,0	7:30,3	+36:32,31	+23:57,93
397	49.M45	56	<u>Hermann, Dirk</u>	1963	m	UKV - Erdingerbub	1:18:56,2	1:18:30,0	7:50,9	+44:54,34	+40:04,87
7,2km Walking											
1	1.Männer	590	<u>Werth, Michael</u>	1956	m	Sparkasse Neunkirchen	50:27,1	49:27,0	6:52,0	-	-
2	1.Frauen	163	<u>Keilen, Bettina</u>	1967	w	Run4Fun Bübingen	54:10,0	53:18,0	7:24,0	-	-
3	2.Frauen	188	<u>Lutz, Ilse</u>	1938	w	Bisttal-Runners	54:39,3	53:49,0	7:28,4	+29,28	+29,28
4	3.Frauen	35	<u>Scheuerer, Roswitha</u>	1962	w	Mc Fit	55:25,7	54:33,0	7:34,4	+1:15,67	+1:15,67
5	2.Männer	200	<u>Volkman, Wolfgang</u>	1948	m	Riegelsberg-Walpershofen	55:49,2	54:53,0	7:37,2	+5:22,06	+5:22,06
6	4.Frauen	191	<u>Hess-Kammer, Cornelia</u>	1970	w	Bisttal-Runners	55:51,9	55:02,0	7:38,4	+1:41,94	+1:41,94
7	5.Frauen	132	<u>Wühr, Edith</u>	1949	w	LT Rennschnecke Dudweiler	55:59,3	54:58,0	7:38,0	+1:49,33	+1:49,33
8	6.Frauen	120	<u>Philippe, Karin</u>	1952	w	PKV Bexbach	56:52,9	55:59,0	7:46,4	+2:42,87	+2:42,87
9	7.Frauen	189	<u>Grenner, Barbara</u>	1963	w	Bisttal-Runners	57:44,3	56:52,0	7:53,8	+3:34,26	+3:34,26
10	3.Männer	136	<u>Baus, Lothar</u>	1938	m	LT Rennschnecke Dudweiler	57:48,4	56:45,0	7:52,8	+7:21,26	+7:21,26
11	8.Frauen	96	<u>Schade, Martina</u>	1969	w	LT Phoenix Dudweiler	58:03,2	57:08,0	7:56,0	+3:53,24	+3:53,24
12	9.Frauen	193	<u>Gabler, Olga</u>	1981	w	Bisttal-Runners	58:15,3	57:24,0	7:58,1	+4:05,26	+4:05,26
13	4.Männer	192	<u>Kammer, Dietmar</u>	1963	m	Bisttal-Runners	58:32,5	57:40,0	8:00,4	+8:05,40	+8:05,40
14	5.Männer	159	<u>Latz, Michael</u>	1963	m	Lebenshilfe Obere Saar	58:59,5	58:01,0	8:03,3	+8:32,40	+8:32,40
15	10.Frauen	134	<u>Peterlin, Ellen</u>	1964	w	LT Rennschnecke Dudweiler	58:59,6	57:59,0	8:03,1	+4:49,55	+4:49,55
16	11.Frauen	190	<u>Busch, Heike</u>	1966	w	Bisttal-Runners	59:12,1	58:20,0	8:06,0	+5:02,06	+5:02,06
17	12.Frauen	178	<u>Rupp, Ulrike</u>	1959	w	LT Phoenix Dudweiler	59:13,3	58:18,0	8:05,7	+5:03,25	+5:03,25
18	13.Frauen	95	<u>Noll, Rosemarie</u>	1941	w	LT Phoenix Dudweiler	59:22,4	58:28,0	8:07,1	+5:12,43	+5:12,43
19	14.Frauen	593	<u>Dräger, Gabriele</u>	1956	w		1:01:31,5	1:00:37,0	8:25,0	+7:21,52	+7:21,52
20	15.Frauen	164	<u>Ackermann, Pauline</u>	2003	w	Run4Fun Bübingen	1:02:03,6	1:01:11,0	8:29,8	+7:53,58	+7:53,58
21	16.Frauen	588	<u>Kerber, Maria</u>	1966	w	Saarlouis	1:02:08,7	1:01:11,0	8:29,8	+7:58,73	+7:58,73
22	17.Frauen	587	<u>Riedel, Sabine</u>	1968	w	Saarbrücken	1:02:09,1	1:01:11,0	8:29,8	+7:59,06	+7:59,06
23	6.Männer	589	<u>Nepomnysmchv, Viktor</u>	1943	m		1:02:11,7	1:01:10,0	8:29,6	+11:44,58	+11:44,58
24	18.Frauen	198	<u>Grolier, Inge</u>	1956	w	LAG Saarbrücken	1:05:48,7	1:04:50,0	9:00,1	+11:38,68	+11:38,68
25	19.Frauen	87	<u>Crolla, Astrid</u>	1968	w	LAG Saarbrücken	1:07:08,6	1:06:09,0	9:11,2	+12:58,63	+12:58,63
26	20.Frauen	591	<u>Neis, Inge</u>	1940	w	Spiesen	1:07:10,7	1:06:12,0	9:11,5	+13:00,74	+13:00,74
27	21.Frauen	592	<u>Gaub, Heike</u>	1960	w	Zweibrücken	1:07:44,5	1:06:44,0	9:16,0	+13:34,45	+13:34,45
28	7.Männer	13	<u>Bast, Yannick</u>	2002	m		1:09:47,4	1:08:51,0	9:33,7	+19:20,30	+19:20,30
29	8.Männer	14	<u>Bast, Cedric</u>	2004	m		1:09:50,5	1:08:54,0	9:34,1	+19:23,42	+19:23,42
30	22.Frauen	160	<u>Bastuck, Christina</u>	1954	w	Lebenshilfe Obere Saar	1:10:22,7	1:09:19,0	9:37,5	+16:12,71	+16:12,71
31	9.Männer	155	<u>Platte, Norbert</u>	1966	m	Lebenshilfe Obere Saar	1:10:23,3	1:09:20,0	9:37,6	+19:56,17	+19:56,17
32	23.Frauen	156	<u>Emmrich, Manuela</u>	1984	w	Lebenshilfe Obere Saar	1:10:33,2	1:09:34,0	9:39,5	+16:23,17	+16:23,17
33	24.Frauen	135	<u>Kreischer, Christiane</u>	1965	w	LT Rennschnecke Dudweiler	1:10:35,9	1:09:34,0	9:39,6	+16:25,87	+16:25,87
34	25.Frauen	133	<u>Wagner, Ursula</u>	1958	w	LT Rennschnecke Dudweiler	1:10:39,8	1:09:38,0	9:40,1	+16:29,83	+16:29,83
35	26.Frauen	154	<u>Ladwein, Heidi</u>	1967	w	Lebenshilfe Obere Saar	1:11:29,7	1:10:29,0	9:47,3	+17:19,65	+17:19,65
36	27.Frauen	12	<u>Bast, Sandra</u>	1974	w		1:12:17,3	1:11:21,0	9:54,5	+18:07,30	+18:07,30