

24. Sparkassen- Westspangenlauf

Zieleinlaufliste 10km Hauptlauf

Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
10km Hauptlauf											
1	1.MJU18	1060	Blum, Tobias	1995	m	LSG Saarbrücken-Sulzbachtal	33:59,0	33:58,0	3:23,7	-	-
2	1.M35	1076	Müller, Matthias	1973	m	LSG Saarbrücken-Sulzbachtal	34:07,0	34:05,0	3:24,4	+08,00	-
3	1.MHK	1075	Merk, Matthias	1984	m	LSG Saarbrücken-Sulzbachtal	34:13,0	34:12,0	3:25,1	+14,00	-
4	1.M30	1023	Anton, Sascha	1980	m	Grojo's LTF Elversberg	34:32,0	34:31,0	3:27,0	+33,00	-
5	2.MHK	1104	Wallrich, Marc	1990	m	LSG Schmelz-Hüttersdorf	34:44,0	34:41,0	3:28,0	+45,00	+31,00
6	1.M40	1133	Altmeyer, Patrick	1971	m	SV Schlau.Com Saar 05 e. V.	34:54,0	34:52,0	3:29,1	+55,00	-
7	2.M40	1200	Auler, Markus	1970	m	VFA Neunkirchen	35:07,0	35:06,0	3:30,5	+1:08,00	+13,00
8	2.M35	1037	Weber, Thomas	1975	m	Grojo's LTF Elversberg	35:11,0	35:09,0	3:30,8	+1:12,00	+1:04,00
9	2.M30	1170	Augustin, Rainer	1980	m	TV Saarwellingen	35:18,0	35:17,0	3:31,6	+1:19,00	+46,00
10	3.MHK	1149	Schradt, Philipp	1991	m	SV Schlau.Com Saar 05 e. V.	35:20,0	35:19,0	3:31,8	+1:21,00	+1:07,00
11	3.M40	1088	Trampert, Uwe	1972	m	LSG Saarbrücken-Sulzbachtal	35:24,0	35:22,0	3:32,1	+1:25,00	+30,00
12	4.MHK	1031	Leibrock, Bengt	1985	m	Grojo's LTF Elversberg	35:36,0	35:35,0	3:33,4	+1:37,00	+1:23,00
13	3.M30	1125	Bernardon, Ramon	1979	m	LTF Marpingen	35:44,0	35:42,0	3:34,1	+1:45,00	+1:12,00
14	4.M30	1102	Lutz, Rainer	1979	m	LSG Schmelz-Hüttersdorf	35:48,0	35:44,0	3:34,3	+1:49,00	+1:16,00
15	5.MHK	1146	Maurer, Hagen	1991	m	SV Schlau.Com Saar 05 e. V.	36:10,0	36:09,0	3:36,9	+2:11,00	+1:57,00
16	4.M40	1164	Okay, Mustafa	1971	m	TV Lebach	36:18,0	36:16,0	3:37,5	+2:19,00	+1:24,00
17	1.M50	1043	Hartmann, Uwe	1959	m	LC Warndt	36:19,0	36:19,0	3:37,8	+2:20,00	-
18	1.M55	1101	Krämer, Rudi	1957	m	LSG Schmelz-Hüttersdorf	36:25,0	36:23,0	3:38,2	+2:26,00	-
19	5.M40	1033	Salm, Dirk	1968	m	Grojo's LTF Elversberg	36:30,0	36:29,0	3:38,8	+2:31,00	+1:36,00
20	6.MHK	1203	Lanigra, Francesco	1991	m	LSG Schmelz-Hüttersdorf	36:40,0	36:37,0	3:39,6	+2:41,00	+2:27,00
21	6.M40	1169	Werth, Roman	1969	m	TV Lebach	36:46,0	36:45,0	3:40,4	+2:47,00	+1:52,00
22	3.M35	251	Geyer, Emmanuel	1976	m	eichelthal	36:49,0	36:48,0	3:40,7	+2:50,00	+2:42,00
23	2.M55	1040	Dietrich, Jörg	1954	m	LC Warndt	37:04,0	37:01,0	3:42,0	+3:05,00	+39,00
24	7.MHK	162	Lang, Tammo	1984	m	LA Team Saar/TV Püttlingen	37:17,0	37:15,0	3:43,4	+3:18,00	+3:04,00
25	4.M35	1077	Münnich, Martin	1976	m	LSG Saarbrücken-Sulzbachtal	37:23,0	37:22,0	3:44,1	+3:24,00	+3:16,00
26	7.M40	1201	Gagliardi, Salvatore	1971	m	LAZ Saarbrücken	37:25,0	37:22,0	3:44,1	+3:26,00	+2:31,00
27	8.M40	405	Tricoli, Epifanio	1969	m	TV Homburg	37:44,0	37:42,0	3:46,1	+3:45,00	+2:50,00
28	8.MHK	216	Blumenthal, Benedikt	1984	m		37:47,0	37:44,0	3:46,3	+3:48,00	+3:34,00
29	9.MHK	1074	Mantel, Daniel	1986	m	LSG Saarbrücken-Sulzbachtal	37:47,0	37:46,0	3:46,5	+3:48,00	+3:34,00
30	1.M45	269	Zender, Reiner	1965	m	LC Rehlingen	37:49,0	37:46,0	3:46,5	+3:50,00	-
31	9.M40	1187	Kapitza, Peter	1969	m	LTF Marpingen	37:53,0	37:48,0	3:46,7	+3:54,00	+2:59,00
32	2.MJU18	1080	Pietsch, Cedric	1996	m	LSG Saarbrücken-Sulzbachtal	37:57,0	37:54,0	3:47,3	+3:58,00	+3:58,00

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33	2.M45	248	Jakob, Jörg	1965	m	TV Auersmacher	38:05,0	38:00,0	3:47,9	+4:06,00	+16,00
34	10.MHK	41	Bild, Daniel	1987	m	LAZ Saarbrücken	38:11,0	38:09,0	3:48,8	+4:12,00	+3:58,00
35	5.M35	381	Brall, Sven	1975	m	LAG Saarbrücken	38:18,0	38:16,0	3:49,5	+4:19,00	+4:11,00
36	10.M40	1156	Brill, Klauspeter	1969	m	TV Lebach	38:20,0	38:17,0	3:49,6	+4:21,00	+3:26,00
37	3.M45	1027	Groß, Christian	1967	m	Grojo's LTF Elversberg	38:21,0	38:19,0	3:49,8	+4:22,00	+32,00
38	5.M30	1058	Schuchter, Christian	1980	m	LLG Wustweiler	38:22,0	38:15,0	3:49,4	+4:23,00	+3:50,00
39	6.M35	1090	Vonerden, Andreas	1976	m	LSG Saarbrücken-Sulzbachtal	38:24,0	38:21,0	3:50,0	+4:25,00	+4:17,00
40	11.MHK	164	Winter, Matthias	1992	m	LA Team Saar/TV Püttlingen	38:26,0	38:24,0	3:50,3	+4:27,00	+4:13,00
41	6.M30	400	Hoffmann, Carsten	1980	m	TuS Ormesheim	38:27,0	38:23,0	3:50,2	+4:28,00	+3:55,00
42	3.MJU18	1152	Krebs-Fleischmann,	1995	m	Tri-Sport Saar-Hochwald	38:27,0	38:24,0	3:50,3	+4:28,00	+4:28,00
43	4.M45	57	Corbisez, Patrick	1963	m	Us forbach	38:41,0	38:39,0	3:51,8	+4:42,00	+52,00
44	5.M45	1034	Schmitt, Roman	1967	m	Grojo's LTF Elversberg	38:52,0	38:49,0	3:52,8	+4:53,00	+1:03,00
45	1.W35	1188	Woysch, Nicole	1974	w	LAZ Saarbrücken	38:57,0	38:54,0	3:53,3	-	-
46	2.M50	134	Frego, Hartmut	1962	m	TV Limbach	39:02,0	38:56,0	3:53,5	+5:03,00	+2:43,00
47	4.MJU18	398	Schmitt, Andreas	1997	m	LC Warndt	39:05,0	39:03,0	3:54,2	+5:06,00	+5:06,00
48	11.M40	1199	Scherer, Sascha	1972	m	LTF Köllertal e. V.	39:09,0	39:05,0	3:54,4	+5:10,00	+4:15,00
49	7.M35	306	Bernabeu, Pedro	1975	m		39:11,0	39:00,0	3:53,9	+5:12,00	+5:04,00
50	3.M50	1056	Gorges, Klaus-Dieter	1960	m	LLG Wustweiler	39:11,0	39:04,0	3:54,3	+5:12,00	+2:52,00
51	4.M50	1158	Feld, Christoph	1959	m	TV Lebach	39:16,0	39:14,0	3:55,3	+5:17,00	+2:57,00
52	12.M40	1194	Bischoff, Andreas	1968	m	LAZ Saarbrücken	39:20,0	39:15,0	3:55,4	+5:21,00	+4:26,00
53	1.W40	1134	Altmeyer, Sandra	1972	w	SV Schlau.Com Saar 05 e. V.	39:21,0	39:17,0	3:55,6	+24,00	-
54	12.MHK	1180	Spaniol, Pascal	1990	m	TV Saarwellingen	39:21,0	39:15,0	3:55,4	+5:22,00	+5:08,00
55	6.M45	282	Müller, Marcus	1967	m	LC Völklingen	39:25,0	39:23,0	3:56,2	+5:26,00	+1:36,00
56	3.M55	1045	Thiry, Gerd	1955	m	LC Warndt	39:27,0	39:26,0	3:56,5	+5:28,00	+3:02,00
57	4.M55	1044	Lippert, Reinhard	1955	m	LC Warndt	39:27,0	39:24,0	3:56,3	+5:28,00	+3:02,00
58	8.M35	1030	Holweck, Andreas	1977	m	Grojo's LTF Elversberg	39:31,0	39:30,0	3:56,9	+5:32,00	+5:24,00
59	7.M45	239	Hauter, Stefan	1965	m		39:35,0	39:23,0	3:56,2	+5:36,00	+1:46,00
60	13.M40	1007	Gulden, Steffen	1971	m	LAG Saarbrücken	39:37,0	39:35,0	3:57,4	+5:38,00	+4:43,00
61	5.M50	1017	Sahlmann, Winfried	1959	m	LAG Saarbrücken	39:37,0	39:26,0	3:56,5	+5:38,00	+3:18,00
62	6.M50	101	Wagner, Peter	1961	m	LT Rennschnecke Dudweiler	39:44,0	39:34,0	3:57,3	+5:45,00	+3:25,00
63	13.MHK	163	Gottwld, Daniel	1991	m	LA Team Saar/TV Püttlingen	39:49,0	39:47,0	3:58,6	+5:50,00	+5:36,00
64	1.W30	1150	Stras, Marion	1979	w	SV Schlau.Com Saar 05 e. V.	39:57,0	39:52,0	3:59,1	+1:00,00	-
65	14.MHK	287	Sieger, Christopher	1986	m	Regionalverband Saarbrücken	40:00,0	39:57,0	3:59,6	+6:01,00	+5:47,00
66	7.M50	1039	München, Michael	1959	m	LC Rehlingen	40:12,0	40:10,0	4:00,9	+6:13,00	+3:53,00

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67	8.M45	205	Werneke, Jens	1964	m	Tritonic-Team St. Wendel	40:25,0	40:24,0	4:02,3	+6:26,00	+2:36,00
68	9.M45	1057	Raber, Roland	1966	m	LLG Wustweiler	40:29,0	40:22,0	4:02,1	+6:30,00	+2:40,00
69	9.M35	204	Kardos, Jonathan	1976	m	Sprinter Club Sarreguemines	40:30,0	40:23,0	4:02,2	+6:31,00	+6:23,00
70	8.M50	131	Bernd, Armin	1958	m	TV Auersmacher	40:33,0	40:29,0	4:02,8	+6:34,00	+4:14,00
71	15.MHK	1192	Piro, Dennis	1989	m	Tritonic-Team St. Wendel	40:34,0	40:30,0	4:02,9	+6:35,00	+6:21,00
72	2.W35	1137	Brücker-Boghossian,	1973	w	SV Schlau.Com Saar 05 e. V.	40:36,0	40:31,0	4:03,0	+1:39,00	+1:39,00
73	10.M35	19	Christ, Thierry	1973	m	Sprinter Club Sarreguemines	40:37,0	40:33,0	4:03,2	+6:38,00	+6:30,00
74	10.M45	1177	Puhl, Daniel	1967	m	TV Saarwellingen	40:38,0	40:28,0	4:02,8	+6:39,00	+2:49,00
75	5.M55	1117	Kiefer, Gernot	1955	m	LTF Köllertal e. V.	40:39,0	40:34,0	4:03,3	+6:40,00	+4:14,00
76	11.M45	1129	Breitsameter, Werner	1966	m	Sportverein Habach e. V.	40:40,0	40:28,0	4:02,7	+6:41,00	+2:51,00
77	3.W35	1168	Werth, Martina	1977	w	TV Lebach	40:41,0	40:39,0	4:03,8	+1:44,00	+1:44,00
78	4.W35	1162	Naudorf, Sandra	1975	w	TV Lebach	40:43,0	40:37,0	4:03,6	+1:46,00	+1:46,00
79	14.M40	1118	Maas, Heiko	1972	m	LTF Köllertal e. V.	40:45,0	40:41,0	4:04,0	+6:46,00	+5:51,00
80	11.M35	232	Heil, Carsten	1976	m	LG Ohmbachsee	40:47,0	40:40,0	4:03,9	+6:48,00	+6:40,00
81	15.M40	1176	Pudelko, Martin	1971	m	TV Saarwellingen	41:02,0	40:52,0	4:05,1	+7:03,00	+6:08,00
82	6.M55	428	Serf, Karl-Heinrich	1954	m	LTF Köllertal e. V.	41:18,0	41:14,0	4:07,3	+7:19,00	+4:53,00
83	7.M30	1099	Hoffmann, Sebastian	1980	m	LSG Schmelz-Hüttersdorf	41:20,0	41:16,0	4:07,5	+7:21,00	+6:48,00
84	5.W35	1145	Karl, Andrea	1976	w	SV Schlau.Com Saar 05 e. V.	41:30,0	41:25,0	4:08,4	+2:33,00	+2:33,00
85	8.M30	427	Speicher, Sven	1978	m	Die Windhunde Saarland	41:41,0	41:31,0	4:09,0	+7:42,00	+7:09,00
86	6.W35	1167	Wallacher, Anja	1975	w	TV Lebach	41:46,0	41:40,0	4:09,9	+2:49,00	+2:49,00
87	16.M40	1179	Seibel, Christian	1971	m	TV Saarwellingen	42:10,0	42:01,0	4:12,0	+8:11,00	+7:16,00
88	12.M45	393	Braun, Jörg	1966	m	TV Limbach	42:12,0	42:06,0	4:12,5	+8:13,00	+4:23,00
89	13.M45	199	Riehm, Helmut	1966	m	LSG Schmelz-Hüttersdorf	42:19,0	42:14,0	4:13,3	+8:20,00	+4:30,00
90	9.M50	1085	Stock, Andreas	1961	m	LSG Saarbrücken-Sulzbachtal	42:21,0	42:15,0	4:13,4	+8:22,00	+6:02,00
91	7.M55	1098	Hoffmann, Jürgen	1953	m	LSG Schmelz-Hüttersdorf	42:31,0	42:26,0	4:14,5	+8:32,00	+6:06,00
92	5.MJU18	1103	Schmitt, Daniel	1995	m	LSG Schmelz-Hüttersdorf	42:34,0	42:26,0	4:14,5	+8:35,00	+8:35,00
93	10.M50	119	Corbisez, Jean Marie	1962	m	schoeneck	42:36,0	42:31,0	4:15,0	+8:37,00	+6:17,00
94	17.M40	270	Orditz, Yannick	1970	m		42:46,0	42:39,0	4:15,8	+8:47,00	+7:52,00
95	18.M40	1155	Brass, Knut	1969	m	TV Lebach	42:51,0	42:44,0	4:16,3	+8:52,00	+7:57,00
96	14.M45	404	Löhfelm,	1964	m		42:57,0	42:48,0	4:16,7	+8:58,00	+5:08,00
97	19.M40	435	Thomé, Ralf	1969	m	LT TV Rußhütte	42:58,0	42:47,0	4:16,6	+8:59,00	+8:04,00
98	11.M50	1108	Friedrichs, Roland	1960	m	LT TV Russhütte	43:00,0	42:56,0	4:17,5	+9:01,00	+6:41,00
99	20.M40	1055	Barth, Patrick	1969	m	LLG Wustweiler	43:01,0	42:52,0	4:17,2	+9:02,00	+8:07,00
100	9.M30	124	Hoffmann, Albert	1981	m	SV Illingen	43:07,0	42:50,0	4:16,9	+9:08,00	+8:35,00

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Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
101	12.M50	1020	Simon, Martin	1962	m	LAG Saarbrücken	43:19,0	43:12,0	4:19,1	+9:20,00	+7:00,00
102	6.MJU18	170	Zemke, Niclas	1997	m	LT Ritterstraße	43:19,0	43:13,0	4:19,2	+9:20,00	+9:20,00
103	2.W30	1135	Becker-Öhm, Sybille	1979	w	SV Schlau.Com Saar 05 e. V.	43:21,0	43:16,0	4:19,5	+4:24,00	+3:24,00
104	8.M55	1112	Dietz, Manfred	1956	m	LTF Köllertal e. V.	43:23,0	43:18,0	4:19,7	+9:24,00	+6:58,00
105	21.M40	433	Cremer, Markus	1970	m	Rex Rotari	43:29,0	43:26,0	4:20,5	+9:30,00	+8:35,00
106	16.MHK	299	Sauer, Henning	1984	m	Grojo's LTF Elversberg	43:34,0	43:25,0	4:20,4	+9:35,00	+9:21,00
107	1.WHK	1012	Lehne, Hannah	1987	w	LAG Saarbrücken	43:37,0	43:25,0	4:20,4	+4:40,00	-
108	15.M45	1032	Leinenbach, Rainer	1966	m	Grojo's LTF Elversberg	43:43,0	43:40,0	4:21,9	+9:44,00	+5:54,00
109	22.M40	1092	Weller, Torsten	1971	m	LSG Saarbrücken-Sulzbachtal	43:48,0	43:46,0	4:22,5	+9:49,00	+8:54,00
110	23.M40	154	Müller, Lothar	1968	m		43:49,0	43:45,0	4:22,4	+9:50,00	+8:55,00
111	1.WJU18	1196	Becker, Louisa	1996	w	LAZ Saarbrücken	43:51,0	43:45,0	4:22,4	+4:54,00	-
112	12.M35	396	Müller, Andreas	1976	m	Laufteam Primasens	43:52,0	43:43,0	4:22,2	+9:53,00	+9:45,00
113	17.MHK	296	Corica, Dario Luciano	1990	m		43:57,0	43:43,0	4:22,2	+9:58,00	+9:44,00
114	10.M30	295	Corica, Biagio	1982	m	LTF Köllertal e. V.	43:58,0	43:44,0	4:22,3	+9:59,00	+9:26,00
115	24.M40	1073	Kruse, Karsten	1969	m	LSG Saarbrücken-Sulzbachtal	44:01,0	43:50,0	4:22,9	+10:02,00	+9:07,00
116	1.M65	1046	Hippchen, Rainer	1945	m	LG Bliestal	44:01,0	43:55,0	4:23,4	+10:02,00	-
117	25.M40	250	Schmidt, Andreas	1968	m	Kaiserslautern	44:08,0	43:58,0	4:23,7	+10:09,00	+9:14,00
118	26.M40	275	Ziehl, Martin	1970	m	TuS Ormesheim	44:13,0	44:02,0	4:24,1	+10:14,00	+9:19,00
119	13.M50	302	Gebhardt, Thomas	1962	m		44:16,0	44:10,0	4:24,9	+10:17,00	+7:57,00
120	9.M55	247	Hoyler, Rudolf	1957	m	Run4Fun Bübingen	44:16,0	44:05,0	4:24,4	+10:17,00	+7:51,00
121	2.WJU18	1059	Aposchinskaja, Nina	1996	w	LSG Saarbrücken-Sulzbachtal	44:18,0	44:06,0	4:24,5	+5:21,00	+27,00
122	16.M45	1111	Boudier, Stephan	1966	m	LTF Köllertal e. V.	44:20,0	44:14,0	4:25,3	+10:21,00	+6:31,00
123	17.M45	52	Wachter, Stefan	1963	m		44:22,0	44:09,0	4:24,8	+10:23,00	+6:33,00
124	10.M55	286	Schreiner, Martin	1955	m	Regionalverband Saarbrücken	44:29,0	44:16,0	4:25,5	+10:30,00	+8:04,00
125	14.M50	285	Westhofen,	1959	m	Regionalverband Saarbrücken	44:30,0	44:16,0	4:25,5	+10:31,00	+8:11,00
126	27.M40	33	Schick, Marc	1969	m	Physiotherapie Tausend	44:40,0	44:30,0	4:26,9	+10:41,00	+9:46,00
127	7.W35	1026	Goll, Cathleen	1976	w	Grojo's LTF Elversberg	44:40,0	44:36,0	4:27,5	+5:43,00	+5:43,00
128	28.M40	303	Burgio, Luigi	1968	m		44:56,0	44:45,0	4:28,4	+10:57,00	+10:02,00
129	18.M45	1002	Erben, Fritz	1965	m	LAG Saarbrücken	45:04,0	44:53,0	4:29,2	+11:05,00	+7:15,00
130	19.M45	283	Sauer, Michael	1963	m	TBS Saarbrücken	45:08,0	45:02,0	4:30,1	+11:09,00	+7:19,00
131	1.M60	1191	Kleber, Bernhard	1951	m	Leichtathletik-Verein Merzig	45:13,0	45:06,0	4:30,5	+11:14,00	-
132	29.M40	416	Pino Tossi, Eduardo	1970	m	Saarbrücken	45:13,0	45:03,0	4:30,2	+11:14,00	+10:19,00
133	11.M55	1121	Reimann, Hans	1955	m	LTF Köllertal e. V.	45:14,0	45:07,0	4:30,6	+11:15,00	+8:49,00
134	20.M45	271	Zahler, Horst	1966	m	LTF Köllertal e. V.	45:14,0	44:59,0	4:29,8	+11:15,00	+7:25,00

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Zieleinlaufliste 10km Hauptlauf

Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
135	11.M30	252	Weidler, Jochen	1978	m		45:16,0	45:02,0	4:30,1	+11:17,00	+10:44,00
136	12.M30	395	Staap, Torsten	1978	m	TSV Weiss	45:17,0	45:11,0	4:31,0	+11:18,00	+10:45,00
137	30.M40	256	Barra, Patric	1971	m	Flotter Luca	45:19,0	45:12,0	4:31,1	+11:20,00	+10:25,00
138	1.W50	1120	Paul, Anneli	1958	w	LTF Köllertal e. V.	45:23,0	45:19,0	4:31,8	+6:26,00	-
139	31.M40	166	Rester, Andreas	1969	m	LTF Köllertal e. V.	45:23,0	45:09,0	4:30,8	+11:24,00	+10:29,00
140	32.M40	201	Rothhaar, Tobias	1972	m		45:24,0	45:20,0	4:31,9	+11:25,00	+10:30,00
141	21.M45	422	Zimmermann,	1965	m	TuS Ormesheim	45:30,0	45:18,0	4:31,7	+11:31,00	+7:41,00
142	13.M35	159	Uwer, Thomas	1975	m	Stadtwerke Saarbrücken	45:34,0	45:23,0	4:32,2	+11:35,00	+11:27,00
143	22.M45	420	Metzger, Volker	1963	m	Festo Running Team	45:36,0	45:22,0	4:32,1	+11:37,00	+7:47,00
144	1.W45	278	Hartmann, Bärbel	1964	w	FriBi Funrunners	45:40,0	45:32,0	4:33,1	+6:43,00	-
145	33.M40	1202	Schmitt, Marc	1972	m	LSG Saarbrücken-Sulzbachtal	45:42,0	45:31,0	4:33,0	+11:43,00	+10:48,00
146	14.M35	397	Bristiel, Alexandre	1976	m	Triathlon Forbach	45:44,0	45:38,0	4:33,7	+11:45,00	+11:37,00
147	3.W30	1154	Dincher, Andrea	1978	w	TV Auersmacher	45:50,0	45:38,0	4:33,7	+6:53,00	+5:53,00
148	34.M40	128	Hinterweller, Frank	1970	m	Grojo's LTF Elversberg	45:52,0	45:38,0	4:33,7	+11:53,00	+10:58,00
149	2.M60	1097	Goergen, Werner	1950	m	LSG Schmelz-Hüttersdorf	45:59,0	45:54,0	4:35,3	+12:00,00	+46,00
150	4.W30	294	Wendland, Denise	1982	w	Sportarena Bexbach	46:06,0	45:54,0	4:35,3	+7:09,00	+6:09,00
151	15.M35	293	Pirrung, Pascal	1977	m	Sportarena Bexbach	46:06,0	45:55,0	4:35,4	+12:07,00	+11:59,00
152	13.M30	221	Alt, Timo	1978	m	/	46:09,0	45:47,0	4:34,6	+12:10,00	+11:37,00
153	14.M30	266	Hosemann, Sven	1981	m	Grojo's LTF Elversberg	46:12,0	45:57,0	4:35,6	+12:13,00	+11:40,00
154	18.MHK	53	Münster, Manuel	1988	m	LAG Saarbrücken	46:26,0	46:16,0	4:37,5	+12:27,00	+12:13,00
155	15.M50	1114	Föllmer,	1959	m	LTF Köllertal e. V.	46:38,0	46:24,0	4:38,3	+12:39,00	+10:19,00
156	23.M45	274	Immesberger, Jörg	1963	m	TUS Ormesheim	46:41,0	46:30,0	4:38,9	+12:42,00	+8:52,00
157	24.M45	429	Strang, Helge	1965	m		46:50,0	46:46,0	4:40,5	+12:51,00	+9:01,00
158	2.WHK	1068	Grommisch, Julia	1990	w	LSG Saarbrücken-Sulzbachtal	46:52,0	46:40,0	4:39,9	+7:55,00	+3:15,00
159	16.M50	160	Broschart, Vinzenz	1958	m	Stadtwerke Saarbrücken	46:53,0	46:27,0	4:38,6	+12:54,00	+10:34,00
160	25.M45	254	Mertens-Busch,	1965	m	Mittelpunktläufer SV Habach	46:54,0	46:37,0	4:39,6	+12:55,00	+9:05,00
161	2.W45	1054	Bär, Anneliese	1966	w	LLG Wustweiler	46:56,0	46:43,0	4:40,2	+7:59,00	+1:16,00
162	35.M40	1018	Schmidt, Michael	1969	m	LAG Saarbrücken	46:56,0	46:46,0	4:40,5	+12:57,00	+12:02,00
163	36.M40	44	Gartner, Eric	1971	m	LLG Landstuhl	46:57,0	46:42,0	4:40,1	+12:58,00	+12:03,00
164	7.MJU18	1053	Kilian, Leon	1995	m	LG Saar 70	46:57,0	46:54,0	4:41,3	+12:58,00	+12:58,00
165	1.WJU20	1071	Klauk, Valerie	1993	w	LSG Saarbrücken-Sulzbachtal	46:58,0	46:41,0	4:40,0	+8:01,00	-
166	26.M45	1086	Straube, Oliver	1965	m	LSG Saarbrücken-Sulzbachtal	46:58,0	46:40,0	4:39,9	+12:59,00	+9:09,00
167	12.M55	73	Klein, Richard	1954	m	FSV Jägersburg	47:04,0	47:02,0	4:42,1	+13:05,00	+10:39,00
168	27.M45	203	Schreiner, Michael	1965	m		47:05,0	46:43,0	4:40,2	+13:06,00	+9:16,00

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Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
169	15.M30	421	Zacharski, Markus	1978	m		47:10,0	46:34,0	4:39,4	+13:11,00	+12:38,00
170	3.M60	1127	Schmidt, Hans	1950	m	LTF Marpingen	47:10,0	47:00,0	4:41,9	+13:11,00	+1:57,00
171	28.M45	242	Ahr, Frank	1967	m	Triathlon Freunde Saarlouis	47:13,0	46:53,0	4:41,2	+13:14,00	+9:24,00
172	19.MHK	298	Bickel, Marian	1988	m		47:13,0	46:51,0	4:41,0	+13:14,00	+13:00,00
173	8.MJU18	272	Schneider, Marvin	1996	m	Miesenbach-Sprinter	47:15,0	46:44,0	4:40,3	+13:16,00	+13:16,00
174	1.W60	276	Campbell, Erika	1949	w	VT Zweibrücken	47:15,0	47:09,0	4:42,8	+8:18,00	-
175	13.M55	1109	Kuhn, Arno	1953	m	LT TV Russhütte	47:24,0	47:12,0	4:43,1	+13:25,00	+10:59,00
176	16.M30	121	Roth, Benjamin	1982	m	Saarbrücken	47:29,0	47:13,0	4:43,2	+13:30,00	+12:57,00
177	17.M50	1174	Kammer, Rudolf	1959	m	TV Saarwellingen	47:30,0	47:23,0	4:44,2	+13:31,00	+11:11,00
178	29.M45	3	Lück, Frank	1967	m	Hager Vertriebsgesellschaft	47:32,0	47:19,0	4:43,8	+13:33,00	+9:43,00
179	18.M50	39	Schinabeck, Norbert	1962	m	Laufschule Saarpfalz	47:39,0	47:22,0	4:44,1	+13:40,00	+11:20,00
180	4.M60	273	Oswald, Horst	1952	m		47:40,0	47:31,0	4:45,0	+13:41,00	+2:27,00
181	14.M55	1159	Gasper, Norbert	1954	m	TV Lebach	47:41,0	47:27,0	4:44,6	+13:42,00	+11:16,00
182	8.W35	1166	Schedler, Simone	1974	w	TV Lebach	47:42,0	47:27,0	4:44,6	+8:45,00	+8:45,00
183	19.M50	246	Gabelmann,	1960	m		47:45,0	47:40,0	4:45,9	+13:46,00	+11:26,00
184	3.WHK	1019	Schwindling, Lisa	1988	w	LAG Saarbrücken	47:45,0	47:38,0	4:45,7	+8:48,00	+4:08,00
185	2.M65	1015	Meier, Werner	1947	m	LAG Saarbrücken	47:46,0	47:38,0	4:45,7	+13:47,00	+3:45,00
186	9.W35	69	Hoffmann, Heike	1974	w	Laufsport Werner Gebhard	47:46,0	47:37,0	4:45,6	+8:49,00	+8:49,00
187	37.M40	98	Weismann, Dieter	1969	m	1.FC Kaiserslautern	47:46,0	47:30,0	4:44,9	+13:47,00	+12:52,00
188	1.M70	1195	Herrmann, Johannes	1941	m	LSG Schmelz-Hüttersdorf	47:47,0	47:25,0	4:44,4	+13:48,00	-
189	2.WJU20	1087	Symonds, Esther	1993	w	LSG Saarbrücken-Sulzbachtal	47:47,0	47:35,0	4:45,4	+8:50,00	+49,00
190	30.M45	50	Toscani, Stephan	1967	m	Finanzminister	47:47,0	47:38,0	4:45,7	+13:48,00	+9:58,00
191	20.M50	214	Baltes, Christof	1961	m		47:48,0	47:39,0	4:45,8	+13:49,00	+11:29,00
192	2.W50	1193	Kemmer, Ute	1961	w	LAG Saarbrücken	47:52,0	47:40,0	4:45,9	+8:55,00	+2:29,00
193	15.M55	419	Schilt, André	1954	m	LAG Saarbrücken	47:52,0	47:37,0	4:45,6	+13:53,00	+11:27,00
194	31.M45	16	Füger, Thomas	1966	m	LC Warndt	47:57,0	47:37,0	4:45,6	+13:58,00	+10:08,00
195	10.W35	423	Grimm, Heike	1973	w		48:02,0	47:42,0	4:46,1	+9:05,00	+9:05,00
196	1.MJU16	165	Ziegler, Nick	2000	m	LSG Saarbrücken-Sulzbachtal	48:03,0	47:46,0	4:46,5	+14:04,00	-
197	16.M55	410	Bettinger, Martin	1957	m	LAG Saarbrücken	48:04,0	47:31,0	4:45,0	+14:05,00	+11:39,00
198	2.W40	1038	Köhler, Sabine	1970	w	Lauftreff Bliesmengen-Bolchen	48:11,0	47:58,0	4:47,7	+9:14,00	+8:50,00
199	17.M55	118	Wirth, Helmut	1954	m	SV 09 Fraulautern	48:16,0	48:03,0	4:48,2	+14:17,00	+11:51,00
200	3.W45	1093	Ziegler, Conny	1963	w	LSG Saarbrücken-Sulzbachtal	48:20,0	48:02,0	4:48,1	+9:23,00	+2:40,00
201	3.W50	1138	Busch, Barbara	1958	w	SV Schlau.Com Saar 05 e. V.	48:21,0	48:12,0	4:49,1	+9:24,00	+2:58,00
202	5.W30	1136	Borchert, Winifred	1979	w	SV Schlau.Com Saar 05 e. V.	48:26,0	48:17,0	4:49,6	+9:29,00	+8:29,00

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Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
203	5.M60	277	Reich, Josef	1948	m	VT Zweibrücken	48:28,0	48:23,0	4:50,2	+14:29,00	+3:15,00
204	38.M40	34	Hellbrück, Bernd	1968	m	Saarstahl Runner's	48:29,0	47:59,0	4:47,8	+14:30,00	+13:35,00
205	6.M60	1186	Sehmer, Siegfried	1950	m	LT TV Rußhütte	48:34,0	48:29,0	4:50,8	+14:35,00	+3:21,00
206	16.M35	309	Kos, Robert	1976	m		48:35,0	48:15,0	4:49,4	+14:36,00	+14:28,00
207	4.W45	1013	Lichtenstern, Barbara	1967	w	LAG Saarbrücken	48:37,0	48:29,0	4:50,8	+9:40,00	+2:57,00
208	32.M45	1004	Georges, Bernhard	1963	m	LAG Saarbrücken	48:39,0	48:18,0	4:49,7	+14:40,00	+10:50,00
209	1.W55	1021	Veith, Franziska	1955	w	LAG Saarbrücken	48:44,0	48:34,0	4:51,3	+9:47,00	-
210	20.MHK	297	Wandernoth, Dirk	1983	m	Run4Fun Bübingen	48:44,0	48:22,0	4:50,1	+14:45,00	+14:31,00
211	17.M30	21	Schilke, Michael	1978	m		48:44,0	48:37,0	4:51,6	+14:45,00	+14:12,00
212	9.MJU18	155	Martin, Joshua	1997	m	JFG St. Ingbert	48:44,0	48:43,0	4:52,2	+14:45,00	+14:45,00
213	4.WHK	1091	Weinmann, Anna	1990	w	LSG Saarbrücken-Sulzbachtal	48:45,0	48:33,0	4:51,2	+9:48,00	+5:08,00
214	3.WJU18	1084	Spengler, Clara	1996	w	LSG Saarbrücken-Sulzbachtal	48:46,0	48:34,0	4:51,3	+9:49,00	+4:55,00
215	4.WJU18	1072	Klees, Julia	1995	w	LSG Saarbrücken-Sulzbachtal	48:51,0	48:39,0	4:51,8	+9:54,00	+5:00,00
216	21.M50	106	Kettenhofen, Olaf	1961	m	LT Rennschnecke Dudweiler	48:55,0	48:27,0	4:50,6	+14:56,00	+12:36,00
217	33.M45	32	Küntzer, Thomas	1965	m		48:56,0	48:31,0	4:51,0	+14:57,00	+11:07,00
218	10.MJU18	1049	Fried, Steffen	1995	m	LG Saar 70	48:56,0	48:53,0	4:53,2	+14:57,00	+14:57,00
219	5.WHK	1003	Fuchs, Sita	1992	w	LAG Saarbrücken	49:05,0	48:56,0	4:53,5	+10:08,00	+5:28,00
220	34.M45	64	Büchin, Dirk	1965	m	Die 2 vom Homburg	49:09,0	48:34,0	4:51,3	+15:10,00	+11:20,00
221	17.M35	308	Maraval,	1973	m		49:12,0	48:58,0	4:53,7	+15:13,00	+15:05,00
222	7.M60	1126	Bernardon, Roland	1950	m	LTF Marpingen	49:12,0	48:54,0	4:53,3	+15:13,00	+3:59,00
223	8.M60	1106	Kurtze, Bernhard	1950	m	LT Hirzweiler	49:12,0	48:54,0	4:53,3	+15:13,00	+3:59,00
224	6.WHK	210	Trenz, Sarah	1986	w	LTF Köllertal e. V.	49:17,0	49:01,0	4:54,0	+10:20,00	+5:40,00
225	3.W40	1143	Hertel, Rungtong	1970	w	SV Schlau.Com Saar 05 e. V.	49:19,0	49:09,0	4:54,8	+10:22,00	+9:58,00
226	18.M35	28	Stephan, Christian	1977	m	Gründels Fresh Team	49:19,0	49:04,0	4:54,3	+15:20,00	+15:12,00
227	22.M50	1128	Blaes, Johannes	1961	m	Sportverein Habach e. V.	49:26,0	49:00,0	4:54,0	+15:27,00	+13:07,00
228	4.W40	1151	Wilhelm, Tanja	1969	w	SV Schlau.Com Saar 05 e. V.	49:28,0	49:25,0	4:56,4	+10:31,00	+10:07,00
229	9.M60	391	Tinnes, Harald	1950	m	TV Quierschied	49:40,0	49:33,0	4:57,2	+15:41,00	+4:27,00
230	2.W55	1094	Jenal, Annette	1955	w	LSG Saarlouis	49:43,0	49:31,0	4:57,0	+10:46,00	+59,00
231	21.MHK	123	Gorinski, Philip John	1986	m		49:46,0	49:29,0	4:56,8	+15:47,00	+15:33,00
232	3.M65	401	Calcagno, Gaetano	1945	m	LSG Saarbrücken-Sulzbachtal	49:47,0	49:24,0	4:56,3	+15:48,00	+5:46,00
233	4.M65	288	Vogel, Rudi	1945	m	SV Werschweiler	49:50,0	49:23,0	4:56,2	+15:51,00	+5:49,00
234	35.M45	88	Kistner, Sven	1967	m		49:52,0	49:34,0	4:57,3	+15:53,00	+12:03,00
235	19.M35	183	Reinig, Thomas	1974	m	LT TV Russhütte	49:57,0	49:31,0	4:57,0	+15:58,00	+15:50,00
236	18.M55	1095	Mayenborn, Gilbert	1953	m	LSG Saarlouis	50:06,0	49:53,0	4:59,2	+16:07,00	+13:41,00

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Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
237	11.MJU18	1047	Alff, Tobias	1996	m	LG Saar 70	50:08,0	50:06,0	5:00,5	+16:09,00	+16:09,00
238	19.M55	228	Mita, Hiroshi	1955	m		50:10,0	49:45,0	4:58,4	+16:11,00	+13:45,00
239	36.M45	223	Voigt, Thorsten	1964	m		50:14,0	49:55,0	4:59,4	+16:15,00	+12:25,00
240	37.M45	133	Herian, Wolfgang	1966	m		50:14,0	49:52,0	4:59,1	+16:15,00	+12:25,00
241	38.M45	207	Rinner, Jürgen	1965	m	SR	50:17,0	49:42,0	4:58,1	+16:18,00	+12:28,00
242	11.W35	1008	Honecker, Martina	1976	w	LAG Saarbrücken	50:18,0	49:58,0	4:59,7	+11:21,00	+11:21,00
243	10.M60	267	Governali, Salvatore	1951	m		50:22,0	49:47,0	4:58,6	+16:23,00	+5:09,00
244	4.W50	268	Becker, Gerda	1959	w	LAZ Saarbrücken	50:30,0	50:15,0	5:01,4	+11:33,00	+5:07,00
245	5.W45	1163	Ney, Annette	1966	w	TV Lebach	50:32,0	50:17,0	5:01,6	+11:35,00	+4:52,00
246	12.MJU18	1050	Herber, Marcel	1996	m	LG Saar 70	50:59,0	50:57,0	5:05,6	+17:00,00	+17:00,00
247	2.W60	1184	Breidt, Christine	1951	w	VFA Neunkirchen	51:02,0	50:52,0	5:05,1	+12:05,00	+3:47,00
248	39.M45	409	Kauth, Jörg	1967	m		51:05,0	50:30,0	5:02,9	+17:06,00	+13:16,00
249	22.MHK	94	Staap, Friedrich	1985	m	FC Köln	51:13,0	50:36,0	5:03,5	+17:14,00	+17:00,00
250	20.M55	413	Schmitt, Michael	1956	m	TV Völklingen	51:14,0	50:59,0	5:05,8	+17:15,00	+14:49,00
251	5.W40	1157	Burger, Petra	1969	w	TV Lebach	51:15,0	50:58,0	5:05,7	+12:18,00	+11:54,00
252	18.M30	245	Cowley, Michael	1982	m		51:15,0	50:33,0	5:03,2	+17:16,00	+16:43,00
253	1.MJU20	61	Buschauer, Michael	1993	m		51:16,0	50:56,0	5:05,5	+17:17,00	-
254	19.M30	301	Porteset, Pascal	1980	m	Hardtseemafia Triathlon	51:17,0	50:53,0	5:05,2	+17:18,00	+16:45,00
255	39.M40	89	Freyler, Ralf	1968	m		51:19,0	51:01,0	5:06,0	+17:20,00	+16:25,00
256	23.MHK	1066	Feibel, Michael	1986	m	LSG Saarbrücken-Sulzbachtal	51:19,0	51:01,0	5:06,0	+17:20,00	+17:06,00
257	5.WJU18	1096	Bernarding, Isabelle	1997	w	LSG Schmelz-Hüttersdorf	51:23,0	51:16,0	5:07,5	+12:26,00	+7:32,00
258	12.W35	1024	Becker, Nicole	1976	w	Grojo's LTF Elversberg	51:24,0	51:15,0	5:07,4	+12:27,00	+12:27,00
259	6.W45	1028	Groß, Heike	1965	w	Grojo's LTF Elversberg	51:26,0	51:18,0	5:07,7	+12:29,00	+5:46,00
260	7.W45	1067	Fink-Straube, Claudia	1966	w	LSG Saarbrücken-Sulzbachtal	51:29,0	51:11,0	5:07,0	+12:32,00	+5:49,00
261	40.M40	76	Lermen, Martin	1970	m	Illingen	51:33,0	51:03,0	5:06,2	+17:34,00	+16:39,00
262	40.M45	186	Weber, Frank	1963	m	LT TV Russhütte	51:35,0	51:11,0	5:07,0	+17:36,00	+13:46,00
263	13.W35	1183	Schneider, Veronika	1977	w	VfA Bostalsee	51:58,0	51:40,0	5:09,9	+13:01,00	+13:01,00
264	41.M40	1182	Schneider, Erik	1970	m	VfA Bostalsee	51:59,0	51:41,0	5:10,0	+18:00,00	+17:05,00
265	2.M70	1189	Ohsiek, Alois	1939	m	TV Oberwürzbach	52:00,0	51:42,0	5:10,2	+18:01,00	+4:13,00
266	23.M50	425	Warken, Thomas	1962	m		52:04,0	51:42,0	5:10,1	+18:05,00	+15:45,00
267	24.MHK	110	Lentes, Achim	1984	m	LT Rennschnecke Dudweiler	52:04,0	51:22,0	5:08,1	+18:05,00	+17:51,00
268	41.M45	7	Koch, Markus	1966	m	LAUFEN IM SAARLAND	52:04,0	51:40,0	5:09,9	+18:05,00	+14:15,00
269	20.M35	280	Coyne, Ryan	1974	m		52:04,0	51:36,0	5:09,5	+18:05,00	+17:57,00
270	42.M40	8	Vierig, Patrick	1970	m		52:08,0	51:43,0	5:10,2	+18:09,00	+17:14,00

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Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
271	42.M45	1009	Jacob, Frank	1967	m	LAG Saarbrücken	52:21,0	51:56,0	5:11,5	+18:22,00	+14:32,00
272	14.W35	1142	Haque-Blöcher,	1974	w	SV Schlau.Com Saar 05 e. V.	52:28,0	52:17,0	5:13,6	+13:31,00	+13:31,00
273	7.WHK	1062	Calcagno, Angela	1985	w	LSG Saarbrücken-Sulzbachtal	52:30,0	51:53,0	5:11,2	+13:33,00	+8:53,00
274	43.M45	58	Müller, Andreas	1965	m	PKV Bexbach	52:38,0	52:09,0	5:12,8	+18:39,00	+14:49,00
275	24.M50	99	Schulz, Uwe	1958	m		52:41,0	52:10,0	5:12,9	+18:42,00	+16:22,00
276	15.W35	87	Seibert, Simone	1975	w		52:41,0	52:21,0	5:14,1	+13:44,00	+13:44,00
277	3.M70	390	Vogtland, Fritz	1940	m	TV Quierschied	52:46,0	52:17,0	5:13,6	+18:47,00	+4:59,00
278	11.M60	411	Trinks, Uwe	1951	m		52:50,0	52:19,0	5:13,8	+18:51,00	+7:37,00
279	3.W55	1161	Kapp, Karin	1954	w	TV Lebach	52:51,0	52:37,0	5:15,6	+13:54,00	+4:07,00
280	20.M30	253	Veith, Tim	1980	m		52:57,0	52:41,0	5:16,0	+18:58,00	+18:25,00
281	1.M75	1042	Hartmann, Manfred	1937	m	LC Warndt	52:58,0	52:50,0	5:16,9	+18:59,00	-
282	12.M60	386	Kubulus, Alois	1948	m	TV Quierschied	52:59,0	52:31,0	5:15,0	+19:00,00	+7:46,00
283	21.M30	137	Henry, Kai	1978	m	Lebenshilfe für Menschen mit Behinderung	53:04,0	52:36,0	5:15,5	+19:05,00	+18:32,00
284	4.M70	1116	Keller, Manfred	1942	m	LTF Köllertal e. V.	53:06,0	52:52,0	5:17,1	+19:07,00	+5:19,00
285	8.W45	125	Wieder, Karin	1966	w	1.FC Kaiserslautern	53:09,0	52:49,0	5:16,8	+14:12,00	+7:29,00
286	21.M35	257	Berberich, Carsten	1976	m	KMC Fire Department	53:09,0	52:58,0	5:17,7	+19:10,00	+19:02,00
287	44.M45	292	Henrichs, Michael	1964	m	SV Schnappach	53:11,0	52:30,0	5:14,9	+19:12,00	+15:22,00
288	13.M60	1079	Paul, Heribert	1948	m	LSG Saarbrücken-Sulzbachtal	53:16,0	52:58,0	5:17,7	+19:17,00	+8:03,00
289	45.M45	291	Kiefer, Gerd	1963	m	SV Schnappach	53:17,0	52:36,0	5:15,5	+19:18,00	+15:28,00
290	46.M45	237	Bückmann, Thomas	1964	m		53:27,0	53:00,0	5:17,9	+19:28,00	+15:38,00
291	5.M70	414	Pietzner, Paul	1938	m		53:28,0	53:13,0	5:19,2	+19:29,00	+5:41,00
292	6.W40	281	Forsch, Sabine	1970	w		53:28,0	52:55,0	5:17,4	+14:31,00	+14:07,00
293	6.M70	1124	Zender, Klaus	1939	m	LTF Köllertal e. V.	53:30,0	53:07,0	5:18,6	+19:31,00	+5:43,00
294	7.W40	74	Bohschulte, Kristina	1971	w		53:34,0	53:14,0	5:19,3	+14:37,00	+14:13,00
295	25.M50	181	Severin, Armin	1961	m	LT TV Russhütte	53:36,0	53:06,0	5:18,5	+19:37,00	+17:17,00
296	26.M50	233	Schreiner, Achim	1962	m	Kneipp-Verein St. Ingbert	53:39,0	53:04,0	5:18,3	+19:40,00	+17:20,00
297	27.M50	180	Linnemann-Emden,	1958	m	LT TV Russhütte	53:39,0	53:02,0	5:18,1	+19:40,00	+17:20,00
298	28.M50	262	Jung, Jürgen	1958	m	SV Haschbach	53:41,0	52:50,0	5:16,9	+19:42,00	+17:22,00
299	14.M60	387	Preußner,	1948	m	Run4Fun Bübingen	53:45,0	53:25,0	5:20,4	+19:46,00	+8:32,00
300	8.W40	211	Parpart-Arweiler,	1968	w		53:45,0	53:18,0	5:19,7	+14:48,00	+14:24,00
301	22.M35	432	Schäfer, Thomas	1976	m	TC Gresaubach	54:03,0	53:38,0	5:21,7	+20:04,00	+19:56,00
302	43.M40	77	Bayer, Christoph	1970	m		54:07,0	53:33,0	5:21,2	+20:08,00	+19:13,00
303	9.W45	408	Ruffing, Veronika	1963	w		54:11,0	53:51,0	5:23,0	+15:14,00	+8:31,00
304	8.WHK	200	Rupp, Franziska	1991	w		54:13,0	53:46,0	5:22,5	+15:16,00	+10:36,00

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Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
305	23.M35	230	Prams, Marc	1973	m	Team Bämm	54:38,0	54:13,0	5:25,2	+20:39,00	+20:31,00
306	22.M30	307	Scheffzek, Thomas	1980	m		54:45,0	54:31,0	5:27,0	+20:46,00	+20:13,00
307	9.WHK	402	Puhl, Anna	1983	w		54:52,0	54:13,0	5:25,2	+15:55,00	+11:15,00
308	23.M30	403	Imiolczyk, Peter	1982	m		54:52,0	54:14,0	5:25,3	+20:53,00	+20:20,00
309	3.W60	1131	Klein, Gertrud	1951	w	Sportverein Habach e. V.	54:55,0	54:38,0	5:27,7	+15:58,00	+7:40,00
310	16.W35	37	Dincher, Antje	1973	w		55:03,0	54:19,0	5:25,8	+16:06,00	+16:06,00
311	21.M55	434	Schumann, Rudi	1954	m	LT TV Rußhütte	55:05,0	54:33,0	5:27,2	+21:06,00	+18:40,00
312	10.WHK	382	Haßler, Stefanie	1986	w	KMC Fire Department	55:06,0	54:55,0	5:29,4	+16:09,00	+11:29,00
313	24.M30	383	Rech, Sascha	1982	m	KMC Fire Department	55:06,0	54:55,0	5:29,4	+21:07,00	+20:34,00
314	24.M35	392	Donnert, Gerhard	1974	m		55:10,0	54:55,0	5:29,4	+21:11,00	+21:03,00
315	44.M40	179	Backes, Markus	1972	m	LT TV Russhütte	55:22,0	54:55,0	5:29,4	+21:23,00	+20:28,00
316	25.M35	244	Anefeld, Klaus	1977	m	KMC Fire Department	55:27,0	55:15,0	5:31,4	+21:28,00	+21:20,00
317	9.W40	91	Koster-Crumb,	1970	w	1.FC Kaiserslautern	55:31,0	55:14,0	5:31,3	+16:34,00	+16:10,00
318	25.M30	173	Platz, Thomas	1979	m	LAG	55:37,0	55:05,0	5:30,4	+21:38,00	+21:05,00
319	10.W45	284	Kahl, Petra	1964	w	Regionalverband Saarbrücken	55:40,0	55:17,0	5:31,6	+16:43,00	+10:00,00
320	29.M50	399	Ciotta, Mello	1961	m	TV Güdingen	55:40,0	55:17,0	5:31,6	+21:41,00	+19:21,00
321	15.M60	151	Kosmalla, Günter	1952	m	Festo Running Team	55:41,0	55:04,0	5:30,3	+21:42,00	+10:28,00
322	11.WHK	65	Skreba, Sarah	1983	w		55:42,0	55:08,0	5:30,7	+16:45,00	+12:05,00
323	6.WJU18	1070	Jungmann, Anna	1997	w	LSG Saarbrücken-Sulzbachtal	55:47,0	55:11,0	5:31,0	+16:50,00	+11:56,00
324	45.M40	108	Rogin, Peter	1968	m	LT Rennschnecke Dudweiler	55:53,0	55:12,0	5:31,1	+21:54,00	+20:59,00
325	47.M45	105	Zimmer, Klaus-Peter	1963	m	LT Rennschnecke Dudweiler	55:53,0	55:12,0	5:31,1	+21:54,00	+18:04,00
326	4.W60	1147	Mellmann, Gisela	1949	w	SV Schlau.Com Saar 05 e. V.	55:56,0	55:50,0	5:34,9	+16:59,00	+8:41,00
327	46.M40	258	Schenkel, Michael	1971	m	KMC Fire Department	56:06,0	55:54,0	5:35,3	+22:07,00	+21:12,00
328	7.M70	1078	Noll, Gerd	1940	m	LSG Saarbrücken-Sulzbachtal	56:11,0	56:06,0	5:36,5	+22:12,00	+8:24,00
329	22.M55	407	Siffrin, Michael	1957	m	Hieu-DE-Freunde	56:18,0	55:44,0	5:34,3	+22:19,00	+19:53,00
330	30.M50	290	Ries, Jürgen	1958	m	Lauftreff Bliesgau	56:21,0	55:52,0	5:35,1	+22:22,00	+20:02,00
331	16.M60	1081	Reinsch, Holm	1948	m	LSG Saarbrücken-Sulzbachtal	56:33,0	55:57,0	5:35,6	+22:34,00	+11:20,00
332	25.MHK	171	Ludt, Philip	1983	m	LAG	56:33,0	56:01,0	5:36,0	+22:34,00	+22:20,00
333	12.WHK	1005	Grolier, Nathalie	1992	w	LAG Saarbrücken	56:39,0	56:15,0	5:37,4	+17:42,00	+13:02,00
334	26.MHK	138	Rohe, Steven	1991	m	Lebenshilfe für Menschen mit Behinderung	56:44,0	56:14,0	5:37,3	+22:45,00	+22:31,00
335	48.M45	418	Schmidt, Peter	1963	m	SV Schlau.Com Saar 05 e. V.	56:52,0	56:11,0	5:37,0	+22:53,00	+19:03,00
336	23.M55	109	Noppel, Rüdiger	1957	m	LT Rennschnecke Dudweiler	56:53,0	56:12,0	5:37,1	+22:54,00	+20:28,00
337	5.W50	424	Schäfer, Andrea	1958	w	Team NUK	56:57,0	56:30,0	5:38,9	+18:00,00	+11:34,00
338	31.M50	194	Hoffmann, Peter	1962	m	Mittelpunktläufer SV Habach	57:05,0	56:39,0	5:39,8	+23:06,00	+20:46,00

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Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
339	5.M65	1204	Wagner, Bernhard	1947	m	Bisttal-Runners	57:09,0	56:35,0	5:39,4	+23:10,00	+13:08,00
340	2.M75	1011	Knauf, Hans	1934	m	LAG Saarbrücken	57:20,0	57:12,0	5:43,1	+23:21,00	+4:22,00
341	24.M55	406	Hemmerling, Claus	1957	m	Hieu-DE-Freunde	57:22,0	56:47,0	5:40,6	+23:23,00	+20:57,00
342	49.M45	92	Uwer, Stephan	1966	m		57:24,0	57:01,0	5:42,0	+23:25,00	+19:35,00
343	11.W45	15	Kukor, Lada	1964	w	LC Warndt	57:35,0	57:16,0	5:43,5	+18:38,00	+11:55,00
344	32.M50	305	Micka, Andreas	1958	m	LT TV Rußhütte	57:37,0	56:58,0	5:41,7	+23:38,00	+21:18,00
345	50.M45	113	Gerhard, Klaus	1966	m	LT Rennschnecke Dudweiler	57:39,0	56:58,0	5:41,7	+23:40,00	+19:50,00
346	26.M35	1197	Schamma, Alexander	1977	m	LSG Saarbrücken-Sulzbachtal	57:44,0	57:27,0	5:44,6	+23:45,00	+23:37,00
347	6.W50	1107	Brauchler, Edeltraud	1962	w	LT TV Russhütte	57:50,0	57:26,0	5:44,5	+18:53,00	+12:27,00
348	33.M50	412	Haan, Kristian	1959	m		57:55,0	57:42,0	5:46,1	+23:56,00	+21:36,00
349	12.W45	394	Herrmann,	1963	w	Eichelthal	58:01,0	57:42,0	5:46,1	+19:04,00	+12:21,00
350	51.M45	225	Meyer, Dietmar	1967	m	RSC St Ingbert	58:02,0	57:41,0	5:46,0	+24:03,00	+20:13,00
351	10.W40	224	Meyer, Nicole	1968	w	Sulzbach	58:02,0	57:41,0	5:46,0	+19:05,00	+18:41,00
352	6.W30	415	Voigt, Kristina	1978	w		58:05,0	57:29,0	5:44,8	+19:08,00	+18:08,00
353	17.W35	215	Müller, Nicole	1973	w		58:07,0	57:35,0	5:45,4	+19:10,00	+19:10,00
354	52.M45	430	Hau, Bernd	1964	m		58:36,0	58:17,0	5:49,6	+24:37,00	+20:47,00
355	13.W45	431	von Münchow,	1964	w		58:36,0	58:17,0	5:49,6	+19:39,00	+12:56,00
356	13.WHK	172	Grosch, Katharina	1986	w	LAG	58:39,0	58:07,0	5:48,6	+19:42,00	+15:02,00
357	27.M35	231	Klößner, Sebastian	1975	m	Team Bämm	58:44,0	58:18,0	5:49,7	+24:45,00	+24:37,00
358	47.M40	229	Weishaupt, Mark	1971	m	Team Bämm	58:44,0	58:19,0	5:49,8	+24:45,00	+23:50,00
359	18.W35	279	Coyne, Jennifer	1977	w		58:48,0	58:20,0	5:49,9	+19:51,00	+19:51,00
360	17.M60	236	Paul, Theo	1950	m	sparkasse saarbrücken	58:57,0	58:38,0	5:51,7	+24:58,00	+13:44,00
361	48.M40	141	Schmitt, Andreas	1968	m	Lebenshilfe für Menschen mit Behinderung	58:57,0	58:27,0	5:50,6	+24:58,00	+24:03,00
362	1.WJU16	132	Dincher, Lena	2002	w	TV Auersmacher	58:58,0	58:43,0	5:52,2	+20:01,00	-
363	14.W45	289	Threm, Katja	1965	w	Team NUK	59:01,0	58:34,0	5:51,3	+20:04,00	+13:21,00
364	49.M40	219	Franziskus, Stefan	1971	m		59:02,0	58:41,0	5:52,0	+25:03,00	+24:08,00
365	15.W45	48	Schmitt, Susanne	1965	w	TV 1900 Hüttigweiler	59:06,0	58:29,0	5:50,8	+20:09,00	+13:26,00
366	34.M50	426	Chittka, Rainer	1962	m		59:21,0	58:59,0	5:53,8	+25:22,00	+23:02,00
367	16.W45	249	Keilen, Bettina	1967	w	Run4Fun Bübingen	59:29,0	59:09,0	5:54,8	+20:32,00	+13:49,00
368	1.W80	1001	Czerwenka-Nagel,	1930	w	LAG Saarbrücken	59:44,0	59:35,0	5:57,4	+20:47,00	-
369	35.M50	238	Roser, Bernhard	1959	m		59:53,0	59:23,0	5:56,2	+25:54,00	+23:34,00
370	25.M55	1006	Grolier, Victor	1955	m	LAG Saarbrücken	59:57,0	59:32,0	5:57,1	+25:58,00	+23:32,00
371	14.WHK	122	Steuhl, Jeannine	1987	w		59:57,0	59:13,0	5:55,3	+21:00,00	+16:20,00
372	11.W40	384	Schmitt-Runco, Tina	1972	w	TV Rehlingen	1:00:18,0	59:49,0	5:58,8	+21:21,00	+20:57,00

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Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
373	26.M55	265	Hertel, Rolf	1953	m	SV Schlau.Com Saar 05 e. V.	1:00:19,0	59:56,0	5:59,5	+26:20,00	+23:54,00
374	36.M50	264	Oreskovic, Stefan	1962	m	SV Schlau.Com Saar 05 e. V.	1:00:19,0	59:55,0	5:59,4	+26:20,00	+24:00,00
375	1.W65	1148	Oreskovic, Ingrid	1945	w	SV Schlau.Com Saar 05 e. V.	1:00:21,0	59:57,0	5:59,6	+21:24,00	-
376	17.W45	102	Wagner, Sylvia	1963	w	LT Rennschnecke Dudweiler	1:00:22,0	59:40,0	5:57,9	+21:25,00	+14:42,00
377	19.W35	241	Drexler, Amita	1977	w	Schnell-Müd-Tünsdorf	1:00:24,0	59:41,0	5:58,0	+21:27,00	+21:27,00
378	18.M60	300	Keffer, Helmut E. W.	1950	m	LTF Fürstenhausen	1:00:32,0	1:00:05,0	6:00,4	+26:33,00	+15:19,00
379	37.M50	136	Müller, Detlef	1961	m	Lebenshilfe für Menschen mit Behinderung	1:00:57,0	1:00:28,0	6:02,7	+26:58,00	+24:38,00
380	7.W50	178	Linnemann-Ermden,	1960	w	LT TV Russhütte	1:01:03,0	1:00:25,0	6:02,4	+22:06,00	+15:40,00
381	4.W55	174	Jackson-Thiel, Mary	1955	w	LT TV Russhütte	1:01:09,0	1:00:32,0	6:03,1	+22:12,00	+12:25,00
382	8.M70	259	Hellinger, Josef	1939	m	WSF Zweibrücken	1:01:21,0	1:00:59,0	6:05,8	+27:22,00	+13:34,00
383	27.M55	111	Ries, Albert	1953	m	LT Rennschnecke Dudweiler	1:01:22,0	1:00:40,0	6:03,9	+27:23,00	+24:57,00
384	28.M55	240	Rutz, Klaus	1956	m	1.FC Kaiserslautern	1:01:24,0	1:01:08,0	6:06,7	+27:25,00	+24:59,00
385	12.W40	97	Weismann, Nicole	1971	w	1.FC Kaiserslautern	1:01:35,0	1:01:18,0	6:07,7	+22:38,00	+22:14,00
386	7.W30	103	Collnot, Eva	1978	w	LT Rennschnecke Dudweiler	1:01:57,0	1:01:14,0	6:07,3	+23:00,00	+22:00,00
387	1.W70	1185	Kreutzberger,	1941	w	VFA Neunkirchen	1:01:57,0	1:01:30,0	6:08,9	+23:00,00	-
388	13.W40	112	Kukartz, Ursula	1971	w	LT Rennschnecke Dudweiler	1:01:58,0	1:01:15,0	6:07,4	+23:01,00	+22:37,00
389	5.W55	177	Lauterbach, Delia	1956	w	LT TV Russhütte	1:02:15,0	1:01:37,0	6:09,6	+23:18,00	+13:31,00
390	8.W30	6	Ryan, Aine	1979	w		1:02:16,0	1:01:32,0	6:09,1	+23:19,00	+22:19,00
391	38.M50	24	Gebhard, Werner	1958	m	Silvesterlauf Trier e.V.	1:02:23,0	1:02:13,0	6:13,2	+28:24,00	+26:04,00
392	6.M65	59	Schütz, Erwin	1947	m	LT Hirzweiler	1:02:23,0	1:01:56,0	6:11,5	+28:24,00	+18:22,00
393	6.W55	100	Hoffmann, Susan	1953	w	Susans Schwimmschule	1:02:24,0	1:01:30,0	6:08,9	+23:27,00	+13:40,00
394	15.WHK	71	Franzreb, Christine	1988	w		1:02:27,0	1:01:51,0	6:11,0	+23:30,00	+18:50,00
395	1.M80	1153	Buschlinger, Bruno	1932	m	TuS Höchen	1:02:44,0	1:02:12,0	6:13,1	+28:45,00	-
396	20.W35	35	Blat-Köwenig,	1974	w		1:02:55,0	1:02:12,0	6:13,1	+23:58,00	+23:58,00
397	39.M50	263	Daniel, Josef	1958	m		1:03:22,0	1:02:38,0	6:15,7	+29:23,00	+27:03,00
398	7.W55	227	Hary, Ute	1953	w	Sparkasse Saarbrücken	1:03:25,0	1:02:55,0	6:17,4	+24:28,00	+14:41,00
399	9.M70	304	Kirschen, Albertus	1942	m	TV Wallerfangen	1:04:09,0	1:03:58,0	6:23,7	+30:10,00	+16:22,00
400	18.W45	104	Weber, Monika	1967	w	LT Rennschnecke Dudweiler	1:04:14,0	1:03:32,0	6:21,1	+25:17,00	+18:34,00
401	8.W50	235	Ponsing, Jaqueline	1962	w	LT Rennschnecke Dudweiler	1:04:16,0	1:03:34,0	6:21,3	+25:19,00	+18:53,00
402	27.MHK	140	Theobald, Sven	1991	m	Lebenshilfe für Menschen mit Behinderung	1:04:28,0	1:03:58,0	6:23,7	+30:29,00	+30:15,00
403	16.WHK	31	Hiebel, Nina	1987	w		1:04:47,0	1:04:31,0	6:27,0	+25:50,00	+21:10,00
404	17.WHK	1063	Calcagno, Ann-Katrin	1992	w	LSG Saarbrücken-Sulzbachtal	1:05:02,0	1:04:22,0	6:26,1	+26:05,00	+21:25,00
405	19.W45	1065	Calcagno, Katja	1967	w	LSG Saarbrücken-Sulzbachtal	1:05:03,0	1:04:23,0	6:26,2	+26:06,00	+19:23,00
406	50.M40	385	Anschütz, Ulrich	1969	m		1:05:06,0	1:04:22,0	6:26,1	+31:07,00	+30:12,00

24. Sparkassen- Westspangenlauf

Zieleinlaufliste 10km Hauptlauf

Platz	AKPlatz	Startnr.	Name	Jahrg.	m/w	Verein	Brutto	Netto	Pace	Rück M/W	Rück AK
407	7.M65	206	Geising, Ulrich	1944	m	LCS	1:05:14,0	1:04:30,0	6:26,9	+31:15,00	+21:13,00
408	9.W50	107	Seufert, Karin	1959	w	LT Rennschnecke Dudweiler	1:05:20,0	1:04:38,0	6:27,7	+26:23,00	+19:57,00
409	51.M40	417	Rascopp, Alexander	1971	m	LTF Fürstenhausen	1:05:25,0	1:04:58,0	6:29,7	+31:26,00	+30:31,00
410	20.W45	72	Kuhlgatz, Ute	1963	w	LAG Saarbrücken	1:06:20,0	1:05:45,0	6:34,4	+27:23,00	+20:40,00
411	21.W45	243	Roth, Beata	1963	w	LAG-Mitglied	1:06:33,0	1:05:59,0	6:35,8	+27:36,00	+20:53,00
412	22.W45	261	Zwiener, Astrid	1964	w		1:08:01,0	1:07:17,0	6:43,6	+29:04,00	+22:21,00
413	21.W35	55	Lux, Petra	1976	w	LAG Saarbrücken	1:12:45,0	1:12:07,0	7:12,6	+33:48,00	+33:48,00
414	14.W40	260	Ziegler, Sandra	1972	w		1:13:00,0	1:12:15,0	7:13,4	+34:03,00	+33:39,00
415	23.W45	389	Fragomele, Andrea	1964	w		1:13:29,0	1:12:44,0	7:16,3	+34:32,00	+27:49,00
416	24.W45	388	König, Barbi	1964	w		1:14:26,0	1:13:42,0	7:22,1	+35:29,00	+28:46,00
417	19.M60	182	Henseler, Wolfgang	1948	m	LT TV Russhütte	1:18:30,0	1:17:52,0	7:47,1	+44:31,00	+33:17,00
418	10.W50	139	Nikolaus, Monika	1961	w	Lebenshilfe für Menschen mit Behinderung	1:22:33,0	1:22:04,0	8:12,3	+43:36,00	+37:10,00